

Event Rankings (All Time)

Female - Long Course - 200m Backstroke - Aberystwyth and District Swimmin - All Time - Open Age Group

Rank	Name	Ranked Club	YoB	Meet	Date	Time
1	Lauren Elspeth Harries	Aberystwyth	93	National Age Groups 2007, Sheffield	26/07/07	2:29.26
2	Cari-Fflur Davies	Aberystwyth	84	Swim Swansea Long Course Meet, Swansea	25/06/04	2:30.95
3	Elinor Thorogood	Aberystwyth	92	Welsh Summer Nationals, Swansea	31/07/08	2:33.92
4	Cerian Davies	Aberystwyth	93	Welsh Age & Youth Champs, Swansea	20/03/08	2:35.18
5	Cari O'Rourke	Aberystwyth	98	Swim Wales Summer Nationals, Swansea	27/07/13	2:39.74
6	Sioned Wallwork	Aberystwyth	01	Swim Wales Long Course Championships, Swansea	25/03/16	2:40.52
7	Mali Jones	Aberystwyth	01	Neath ASC Open Meet 2017, Swansea	22/10/17	2:43.50
8	Lila Evans	Aberystwyth	05	Swim Wales Long Course Championships, WNPS	19/04/19	2:43.85
9	Alaw O'Rourke	Aberystwyth	00	Swim Wales Long Course Closed Meet, Swansea	19/04/15	2:45.23
10	Caryl Jones	Aberystwyth	93	Welsh Age & Youth Champs, Swansea	13/04/09	2:50.31
11	Judith Phillips	Aberystwyth	93	WASA Age & Youth Champs, Swansea	14/04/06	2:50.61
12	Bethan Lewis	Aberystwyth	93	Swim Swansea Open, Swansea	18/05/07	2:51.39
13	Holly-Elice Jones	Aberystwyth	05	Swim Wales Long Course Championships, WNPS	19/04/19	2:51.50
14	Nansi Dingle	Aberystwyth	99	City of Cardiff Tiger Bay Meet, Cardiff	13/03/16	2:52.31
15	Megan Jones	Aberystwyth	93	Avalon Autumn Meet, Millfield	18/10/08	2:53.37
16	Seren Griffith	Aberystwyth	01	Torfaen Dolphins Non National Qualifier 2015, Bristol	20/06/15	2:54.17
17	Talesia Janes	Aberystwyth	99	British Gas Swim Wales Legends Meet, Swansea	22/09/13	2:57.60
18	Rebecca Glasser	Aberystwyth	00	Frome & Wells 3 Towers Open Meet, Millfield	05/04/14	2:58.02
19	Shannon Sayer	Aberystwyth	00	Tiger Bay Open Meet 2014, Cardiff	23/03/14	3:01.61
20	Tirion Davies	Aberystwyth	96	Avalon Autumn Meet, Millfield	18/10/08	3:02.71
21	Leanna Williams	Aberystwyth	03	Swim Wales Legends Meet, Swansea	18/09/16	3:03.00
22	Elen Morgan	Aberystwyth	05	Swansea Aquatics Long Course Spring Meet, Swansea	25/02/18	3:03.98
23	Tirion Sherman Higgs	Aberystwyth	07	Swansea Aquatics Centenary 2019 LC Open Meet, WNPS	11/05/19	3:04.17
24	Katie Jones	Aberystwyth	03	City of Cardiff Tiger Bay Open Meet 2017, Cardiff	18/03/17	3:04.65
25	Elin Wallace	Aberystwyth	95	Frome & Wells 3 Towers Open Meet, Millfield	05/04/14	3:04.91