

Event Rankings (All Time)

Open/Male - Long Course - 200m Individual Medley - Aberystwyth and District Swimmin - All Time - Open Age Group

Rank	Name	Ranked Club	YoB	Meet	Date	Time
1	Sam Middleton	Aberystwyth	89	WASA Age & Youth Champs, Swansea	14/04/06	2:14.51
2	James Raw	Leic Sharks	07	Swim Wales National Championships 2022, Swansea	18/04/22	2:18.45
3	Joshua Nathanie Harries	Aberystwyth	92	Welsh School Championship, Swansea	23/11/07	2:19.19
4	Sion Owen	Aberystwyth	94	Frome, Wells & Shepton Mallet 3 Towers Ope, Millfield	10/04/11	2:25.90
5	James Payne	Aberystwyth	01	Swim Wales Long Course Championships, Swansea	16/04/17	2:26.54
6	Steffan Herdman	Aberystwyth	99	City of Cardiff Open Meet, Cardiff	29/05/16	2:27.26
7	Shaun Timothy Lewis	Aberystwyth	91	Swim Swansea Open Meet, Swansea	16/05/08	2:29.23
8	Cameron Phillips	Aberystwyth	00	Swim Wales Summer Open Meet, Swansea	24/07/15	2:31.66
9	Joseph Gorman	Aberystwyth	04	Swim Wales Welsh Development (Youth Panel) 2022, Swansea	26/06/22	2:32.71
10	Benjamin Jones	Aberystwyth	96	Welsh Age Group & Youth Champs, Swansea	03/04/10	2:34.11
11	Tomos Watson	Aberystwyth	97	3 Towers Open Meet, Millfield School	28/10/12	2:34.13
12	Teilo Courtier-Lilley	Aberystwyth	99	3 Towers Open Meet, Millfield	27/10/13	2:36.12
13	Maxwell Glasser	Aberystwyth	98	Frome Autumn Open Meet, Millfield	26/10/14	2:42.74
14	Isaac Williamson-Evans	Aberystwyth	97	3 Towers Open Meet, Millfield School	28/10/12	2:43.08
15	Jude Coleridge	Aberystwyth	04	Swansea Aquatics Long Course Meet 2018, WNPS	12/05/18	2:43.55
16	Morgan Evans	Aberystwyth	01	Swim Wales Legends Meet, Swansea	18/09/16	2:46.40
17	Jamie Owen	Aberystwyth	95	Avalon Autumn Open Meet, Millfield	24/10/09	2:58.88
18	Oliver Lerigo	Aberystwyth	10	Swim Wales Regional Racing Series - West 2024, Swansea	10/02/24	2:59.73
19	Sion Davies	Aberystwyth	00	Swim Swansea Annual LC Meet, Swansea	19/05/13	2:59.85
20	James Michael	Aberystwyth	00	Cardiff Bay Sprint Meet 2012, Cardiff	07/07/12	3:07.97
21	Iestyn Watson	Aberystwyth	00	Cardiff Bay Sprint Meet, Cardiff	04/07/15	3:11.14
22	Aidan Roberts	Aberystwyth	05	RCT New Year Open Meet, Cardiff	07/01/18	3:19.70
23						3:20.93
24	Robert Glasser	Aberystwyth	03	Cardiff Bay Sprint Meet, Cardiff	04/07/15	3:33.46
25	Iestyn Phillips	Aberystwyth	97	Welsh Capital Open Meet, Cardiff	29/11/08	3:37.48