

Event Rankings (All Time)

Female - Short Course - 200m Backstroke - Aberystwyth and District Swimmin - All Time - Open Age Group

Rank	Name	Ranked Club	YoB	Meet	Date	Time
1	Cari-Fflur Davies	Aberystwyth	84	West Wales Age Groups 2001, Swansea	19/05/01	2:25.38
2	Lauren Elspeth Harries	Aberystwyth	93	Welsh SC Spring Qualifier, Swansea	16/06/07	2:25.97
3	Cari O'Rourke	Aberystwyth	98	SWWR Regional Championships, Haverford West	01/02/15	2:28.21
4	Elen Morgan	Aberystwyth	05	Swim Conwy Spring Meet 2024, Llandudno	16/03/24	2:34.43
5	Sioned Wallwork	Aberystwyth	01	Swim Wales West Regional Championships, Haverfordwest	31/01/16	2:34.55
6	Mali Jones	Aberystwyth	01	City of Newport Spring Open Meet, Newport	30/04/17	2:34.56
7	Cerian Davies	Aberystwyth	93	West Wales Regional Champs, Penlan	15/02/07	2:34.59
8	Lila Evans	Aberystwyth	05	Swim Wales Short Course Championships, WNPS	29/11/19	2:35.70
9	Alaw O'Rourke	Aberystwyth	00	SWWR Regional Championships, Haverford West	01/02/15	2:35.71
10	Leanna Williams	Aberystwyth	03	SW West Region Sub Regional Championships, Haverfordwest	24/11/18	2:37.60
11	Iyla Berner	Aberystwyth	13	Swim Conwy Spring Meet 2024, Llandudno	16/03/24	2:41.12
12	Bethan Lewis	Aberystwyth	93	West Wales Region Champs, Penlan	09/02/08	2:41.19
13	Nansi Dingle	Aberystwyth	99	Swim Wales West Regional Championships, Haverfordwest	31/01/16	2:41.75
14	Holly-Ellice Jones	Aberystwyth	05	Swim Wales West Regional Championships, Haverfordwest	03/02/19	2:42.60
15	Caryl Jones	Aberystwyth	93	West Wales Sub Regional, Penlan	15/11/08	2:43.11
16	Talesia Janes	Aberystwyth	99	Torfaen Dolphins Spring Meet 2014, Newport	21/06/14	2:43.90
17	Catrin Skym	Aberystwyth	00	Swim Wales West Regional Championships, Haverfordwest	31/01/16	2:46.24
18	Seren Griffith	Aberystwyth	01	Wrexham 12th Spring Meet 2015, Wrexham	03/05/15	2:47.78
19	Judith Phillips	Aberystwyth	93	West Wales Regional Champs, Penlan	15/02/07	2:49.32
20	Gwennan Filmer	Aberystwyth	12	Amman Valley No Time Gala 2024, Carmarthen	07/04/24	2:50.11
21	Katie Jones	Aberystwyth	03	Swim Wales West Region Sub Regional Championships, Haverfordwest	25/11/17	2:50.60
22	Alexandra Thorogood	Aberystwyth	91	Wrexham 5th Spring Meet, Wrexham	03/05/08	2:51.44
23	Shannon Sayer	Aberystwyth	00	West Wales Sub Regional Competition 2014, Haverfordwest	29/11/14	2:51.66
24	Rebecca Glasser	Aberystwyth	00	West Wales Sub Regional Championships, Haverfordwest	30/11/13	2:51.86
25	Emma Jones	Aberystwyth	03	SW West Region Sub Regional Championships, Haverfordwest	24/11/18	2:52.66