

Event Rankings (All Time)

Open/Male - Short Course - 400m Freestyle - Aberystwyth and District Swimmin - All Time - Open Age Group

Rank	Name	Ranked Club	YoB	Meet	Date	Time
1	James Raw	Leic Sharks	07	Swim England Winter Championships 2023, Sheffield	17/12/23	3:57.56
2	Sam Middleton	Aberystwyth	89	West Wales Area Champs, Penlan Swansea	11/02/06	4:06.58
3	Joshua Nathanie Harries	Aberystwyth	92	West Wales Regional Champs, Penlan	15/02/07	4:10.97
4	Sion Owen	Aberystwyth	94	West Wales Regional Champs, Haverfordwest	07/02/10	4:23.05
5	Steffan Herdman	Aberystwyth	99	Swim Wales West Regional Championships, Haverfordwest	04/02/17	4:26.51
6	James Payne	Aberystwyth	01	Swim Wales West Regional Championships, Haverfordwest	04/02/17	4:29.36
7	Jacob Massey	Aberystwyth	03	Swim Wales West Sub Regional Championships, Haverfordwest	24/11/19	4:42.35
8	Isaac Williamson-Evans	Aberystwyth	97	West Wales Sub Regional Competition 2012, Haverfordwest	24/11/12	4:53.12
9	Jude Coleridge	Aberystwyth	04	Shrewsbury ASC Autumn Open Meet, Wolverhampton	06/10/18	5:00.27
10	Maxwell Glasser	Aberystwyth	98	West Wales Sub Regional Competition 2014, Haverfordwest	29/11/14	5:00.75
11	Morgan Evans	Aberystwyth	01	Swim Conwy Whitsun Meet, Llandudno	28/05/16	5:01.42
12	Tomos Watson	Aberystwyth	97	West Wales Championships, Haverfordwest	10/02/13	5:01.63
13	Benjamin Jones	Aberystwyth	96	Wrexham 5th Spring Meet, Wrexham	03/05/08	5:05.71
14	Jamie Owen	Aberystwyth	95	West Wales Regional Champs, Haverfordwest	07/02/10	5:11.00
15	Teilo Courtier-Lilley	Aberystwyth	99	Torfaen Open Meet, Newport	26/06/11	5:40.67
16	Morgan Revell	Aberystwyth	99	West Wales Sub Regional Competition 2012, Haverfordwest	24/11/12	5:41.22
17	Joseph Gorman	Aberystwyth	04	Conwy County Aquatics Autumn Meet, Llandudno	15/10/16	6:04.30
18	Ruben Meaney	Aberystwyth	04	Swim Wales West Region Sub Regional Championships, Haverfordwest	28/11/15	6:11.18
19	Charlie Jones Lewis	Aberystwyth	06	SW West Region Sub Regional Championships, Haverfordwest	24/11/18	6:24.09
20	Ioan Mabbutt	Aberystwyth	06	SW West Region Sub Regional Championships, Haverfordwest	24/11/18	6:25.20
21	Dylan Skym	Aberystwyth	01	West Wales Sub Regional Competition 2014, Haverfordwest	29/11/14	6:25.22
22	Ioan Evans	Aberystwyth	06	Swim Wales West Sub Regional Championships, Haverfordwest	24/11/19	6:26.44
23	Noa Jones	Aberystwyth	09	Swim Wales West Sub Regional Championships, Haverfordwest	23/11/19	6:26.82
24	James Michael	Aberystwyth	00	West Wales Sub Regional Competition, Haverfordwest	03/12/11	6:27.81
25	Kieron Owen	Aberystwyth	98	West Wales Regional Champs, Haverfordwest	14/02/10	6:29.89