

Individual Best Times (All Time)

Sophie Barton - (1102708) - Hamble Aquatics Swim Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.42	31.80	386	20/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	SE190069	1
100 Freestyle	1:10.29	1:09.10	398	19/05/19	Portsmouth Northsea May Long Course Sprint Meet	Portsmouth	SE191329	3
200 Freestyle	2:29.66	2:27.30	428	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
400 Freestyle	5:32.67	5:28.40	354	24/01/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160575	1
50 Breaststroke	41.22	40.40	354	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
100 Breaststroke	1:31.42	1:30.00	345	15/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
200 Breaststroke	3:58.06	3:55.80	192	12/04/15	City of Wells Open Meet	Millfield	SW150093	3
50 Backstroke	35.53	35.00	432	19/05/19	Portsmouth Northsea May Long Course Sprint Meet	Portsmouth	SE191329	3
100 Backstroke	1:16.18	1:15.10	426	19/05/19	Portsmouth Northsea May Long Course Sprint Meet	Portsmouth	SE191329	3
200 Backstroke	2:42.26	2:40.20	437	15/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.62	32.30	381	13/10/18	Hamble Aquatics SC Club Championships 2018	Waterlooville	SE182348	4
100 Freestyle	1:07.67	1:08.90	409	17/11/19	Swim Bourenmouth L2 Winter Short Course	Littledown Centre	SW192634	2
200 Freestyle	2:25.51	2:27.90	435	20/10/18	Hamble Aquatics SC Club Championships 2018	Waterlooville	SE182349	4
400 Freestyle	5:10.84	5:15.30	412	04/11/20	Hamble Aquatics Swim Team	Hamble	LEX549	0
50 Breaststroke	40.39	41.20	346	23/09/18	Littlehampton S.C. County Qualifier Meet 2018	Bognor Regis	SE180849	3
100 Breaststroke	1:29.78	1:31.20	335	08/04/18	Swim Bournemouth Spring Short Course L2 Meet	Bournemouth	SW180120	2
200 Breaststroke	3:28.43	3:31.00	269	08/12/16	City of Southampton Closed Meet	Southampton	SE160928	4
50 Butterfly	37.88	38.40	266	20/10/18	Hamble Aquatics SC Club Championships 2018	Waterlooville	SE182349	4
50 Backstroke	34.45	35.00	393	21/07/19	Fareham Nomads Summer Meet 2019	Waterlooville	SE190111	3
100 Backstroke	1:13.63	1:14.70	414	17/11/19	Swim Bourenmouth L2 Winter Short Course	Littledown Centre	SW192634	2
200 Backstroke	2:34.74	2:36.90	454	18/11/18	Swim Bournemouth Winter Short Course L2 Meet	Bournemouth	SW180271	2
200 Individual Medley	2:49.55	2:51.90	371	12/10/19	Hamble Aquatics Club Championships 2019	Waterlooville	SE193106	4
100 Individual Medley	1:18.28	1:18.30	376	01/07/18	Hampshire County Developments Competition 2018	Waterlooville	SE181575	3