

Individual Best Times (All Time)

Bethan Ainsbury - (1106795) - Hertford SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.87	37.40	240	23/06/19	Hertford Club Championships	Haileybury	ER191244	4
100 Freestyle	1:22.24	1:23.30	228	25/06/19	Hertford Club Championships	Haileybury	ER191246	4
200 Freestyle	3:16.85	3:18.60	175	17/06/17	Hertford Club Championships	Hertford	ER170749	4
50 Breaststroke	49.91	50.50	183	25/06/19	Hertford Club Championships	Haileybury	ER191246	4
100 Breaststroke	1:52.21	1:53.30	171	16/06/18	Hertford Club Championships	John Warner	ER180452	4
50 Butterfly	50.21	50.60	114	26/06/16	Hertford Club Championships	Hailybury	ER160860	4
50 Backstroke	40.94	41.40	234	25/11/18	6th Hoddesdon County Qualifier Open Meet	Borehamwood	ER180750	3
100 Backstroke	1:33.38	1:34.20	203	19/11/17	5th Hoddesdon County Qualifier Meet	Borehamwood	ER171104	3
100 Individual Medley	1:34.70	1:34.70	212	17/06/18	Hertford Club Championships	John Warner	ER180453	4