Individual Best Times (All Time)

Eliz Avni - (1111348) - Epping Forest Dist SC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|------------------|---------|--------------------|--------------|----------|----------------------------------------------|----------|---------|-------|
| 50 Freestyle | 45.47 | 45.90 | 128 | 22/09/13 | Epping Forest District SC Club Championships | Loughton | ER3558 | 4 |
| 50 Breaststroke | 55.94 | 56.50 | 130 | 22/09/13 | Epping Forest District SC Club Championships | Loughton | ER3558 | 4 |
| 100 Breaststroke | 2:07.44 | 2:08.40 | 117 | 14/09/14 | Epping Forest DSC Season Opener Gala 2014 | Loughton | ER4460 | 3 |
| 50 Backstroke | 55.34 | 55.70 | 94 | 22/09/13 | Epping Forest District SC Club Championships | Loughton | ER3558 | 4 |