

Individual Best Times (All Time)

Ashton Abbott - (1118803) - Carlton Forum SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.72	42.20	112	08/07/17	Carlton Forum Club Championships	Carlton	EM171186	4
100 Freestyle	1:33.96	1:34.90	108	01/07/17	Carlton Forum Club Championships	Carlton	EM171185	4
200 Freestyle	3:30.66	3:32.30	104	24/06/17	Carlton Forum Club Championships	Carlton	EM171184	4
400 Freestyle	7:15.47	7:18.70	115	02/07/16	Carlton Forum Club Championships	Carlton	EM161015	4
50 Breaststroke	52.86	53.50	105	01/07/17	Carlton Forum Club Championships	Carlton	EM171185	4
100 Breaststroke	1:53.22	1:54.30	116	08/07/17	Carlton Forum Club Championships	Carlton	EM171186	4
200 Breaststroke	4:04.65	4:06.80	118	11/12/16	Falcon ASC Open Distance Meet	Hucknall	EM161014	3
50 Butterfly	50.73	51.10	78	18/06/16	Carlton Forum Club Championships	Carlton	EM161013	4
50 Backstroke	50.27	50.70	85	02/07/17	Carlton Forum Club Championships	Carlton	EM171185	4
100 Backstroke	1:49.01	1:49.70	87	24/06/17	Carlton Forum Club Championships	Carlton	EM171184	4
100 Individual Medley	1:47.58	1:47.60	96	08/07/17	Carlton Forum Club Championships	Carlton	EM171186	4