

Individual Best Times (All Time)

Amelia Badnell - (1119420) - Winchester City Penguins

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.20	32.60	359	16/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	SE160364	3
100 Freestyle	1:12.34	1:11.20	365	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	SW171274	1
400 Freestyle	5:09.11	5:04.50	441	29/01/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170464	1
800 Freestyle	10:28.77	10:19.50	458	13/04/17	PNSC Easter Meet	Portsmouth	SE170397	1
50 Breaststroke	53.13	52.50	165	10/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot	SE150330	3
100 Breaststroke	1:29.67	1:28.30	365	28/05/17	ASA South East Region Championships 2017	Crawley	SE170867	1
200 Breaststroke	3:10.31	3:07.50	377	27/05/17	ASA South East Region Championships 2017	Crawley	SE170867	1
50 Butterfly	41.62	41.20	202	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
100 Butterfly	1:12.04	1:11.00	456	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
200 Butterfly	2:40.06	2:38.10	440	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	SE191364	1
50 Backstroke	33.81	33.20	501	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
100 Backstroke	1:15.79	1:14.70	432	22/06/19	2019 Long Course Summer Open	London	LR191494	1
200 Backstroke	2:31.57	2:29.40	536	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
200 Individual Medley	2:35.97	2:33.40	528	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
400 Individual Medley	5:28.38	5:23.00	530	09/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.64	32.30	380	11/06/17	Havant & Waterlooville Swim Out of Your Skin Open	Waterlooville	SE171135	3
100 Freestyle	1:05.58	1:06.80	449	08/12/19	Hart SC Last Chance Qualifier 2019	Hart Leisure Centre	SE192588	3
200 Freestyle	2:17.01	2:19.50	521	07/12/19	Hart SC Last Chance Qualifier 2019	Hart Leisure Centre	SE192588	3
400 Freestyle	4:46.53	4:51.40	526	08/12/19	Hart SC Last Chance Qualifier 2019	Hart Leisure Centre	SE192588	3
800 Freestyle	10:13.53	10:22.90	471	20/10/17	Joint Club Championships Distance Meet 2017	Waterlooville	SE172367	4
50 Breaststroke	40.19	41.00	351	04/11/17	Winchester City Penguins Club Championships	St Swithuns	SE172097	4
100 Breaststroke	1:21.52	1:23.10	447	14/03/20	Forest of Bere Regional Chaser 2020	Waterlooville	SE200291	3
200 Breaststroke	2:53.76	2:56.80	464	10/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
50 Butterfly	34.11	34.70	365	18/03/17	Forest of Bere Regional Chaser Meet	Waterlooville	SE170654	3
100 Butterfly	1:09.29	1:10.40	474	09/11/19	National Arena Swimming League South Round Two	Wycombe LC	SE193240	3
200 Butterfly	2:34.00	2:36.00	468	18/11/18	Team Bath AS Autumn Meet	Bristol	SW182021	2
50 Backstroke	32.63	33.20	463	07/12/19	Hart SC Last Chance Qualifier 2019	Hart Leisure Centre	SE192588	3
100 Backstroke	1:09.63	1:10.80	489	14/03/20	Forest of Bere Regional Chaser 2020	Waterlooville	SE200291	3
200 Backstroke	2:23.80	2:26.10	565	14/03/20	Forest of Bere Regional Chaser 2020	Waterlooville	SE200291	3
200 Individual Medley	2:29.24	2:31.90	544	17/10/21	Winchester City Penguins Autumn Qualifier	Winchester	SE210839	3
400 Individual Medley	5:14.93	5:20.50	555	14/03/20	Forest of Bere Regional Chaser 2020	Waterlooville	SE200291	3
100 Individual Medley	1:17.19	1:17.20	392	22/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162076	4