Individual Best Times (All Time)

Joe Astley - (1123234) - East Grinstead Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.07	37.60	160	12/11/13	East Grinstead Club Championships	East Grinstead	SE3891	4
100 Freestyle	1:24.93	1:25.90	147	10/11/13	East Grinstead Club Championships	East Grinstead	SE3891	4
50 Breaststroke	55.46	56.00	91	08/11/13	East Grinstead Club Championships	East Grinstead	SE3891	4
50 Butterfly	48.24	48.60	91	08/11/13	East Grinstead Club Championships	East Grinstead	SE3891	4
50 Backstroke	45.24	45.70	116	08/11/13	East Grinstead Club Championships	East Grinstead	SE3891	4
100 Individual Medley	1:36.69	1:36.70	132	08/11/13	East Grinstead Club Championships	East Grinstead	SE3891	4

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