

Individual Best Times (All Time)

Scott Adams - (1137957) - Bridge of Don ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.58	38.10	154	25/04/15	BODASC 3rd Springtime Banded Meet	Bridge of Don	SCO972	2
100 Freestyle	1:16.52	1:17.60	201	19/12/15	Bridge of Don ASC Club Championships 2015	Bridge of Don	SCO1061	2
200 Freestyle	2:41.85	2:44.00	231	21/02/16	COAST Development R1 Meet	Aberdeen	SCO1087	2
50 Breaststroke	50.79	51.40	118	25/04/15	BODASC 3rd Springtime Banded Meet	Bridge of Don	SCO972	2
100 Breaststroke	1:39.88	1:41.10	169	19/12/15	Bridge of Don ASC Club Championships 2015	Bridge of Don	SCO1061	2
200 Breaststroke	3:22.14	3:24.70	210	21/02/16	COAST Development R1 Meet	Aberdeen	SCO1087	2
50 Butterfly	41.34	41.80	145	21/02/16	COAST Development R1 Meet	Aberdeen	SCO1087	2
50 Backstroke	40.00	40.50	168	21/02/16	COAST Development R1 Meet	Aberdeen	SCO1087	2
100 Backstroke	1:25.21	1:26.20	182	19/12/15	Bridge of Don ASC Club Championships 2015	Bridge of Don	SCO1061	2
200 Individual Medley	3:01.52	3:03.70	220	21/02/16	COAST Development R1 Meet	Aberdeen	SCO1087	2
100 Individual Medley	1:35.32	1:35.30	138	05/09/15	Bridge of Don September Splash 2015	Bridge of Don	SCO1014	2