

Individual Best Times (All Time)

Amelia Biggs - (1150783) - Leiston & District Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:26.02	1:25.00	217	06/07/19	CoNSC MIDSUMMER MADNESS 2019	NORWICH	ER191302	3
200 Freestyle	3:04.32	3:02.40	229	06/07/19	CoNSC MIDSUMMER MADNESS 2019	NORWICH	ER191302	3
50 Breaststroke	49.98	49.30	198	06/07/19	CoNSC MIDSUMMER MADNESS 2019	NORWICH	ER191302	3
100 Breaststroke	1:45.19	1:44.00	226	06/07/19	CoNSC MIDSUMMER MADNESS 2019	NORWICH	ER191302	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.29	33.90	326	23/02/20	Stowmarket Sprint into Spring Open Meet	Stowmarket	ER200543	3
100 Freestyle	1:19.70	1:20.70	250	11/10/19	LDSC Club Championships 2019	Leiston	ER192826	4
200 Freestyle	2:36.64	2:38.80	349	15/03/20	Teamipswich March Open Meet 2020	Ipswich	ER200335	3
400 Freestyle	5:50.27	5:54.30	287	18/11/22	Leiston & District SC Club Championships 2022	Leiston	ER222383	4
800 Freestyle	12:29.17	12:36.90	258	26/11/22	SE Suffolk County Long Distance Qualifier Meet B	Southwold	ER222266	4
50 Breaststroke	44.39	45.10	261	08/12/19	Beccles & St Felix Last Chance Meet	St Felix	ER193205	4
100 Breaststroke	1:36.34	1:37.60	271	22/02/20	Stowmarket Sprint into Spring Open Meet	Stowmarket	ER200543	3
200 Breaststroke	3:24.40	3:27.00	285	23/02/20	Stowmarket Sprint into Spring Open Meet	Stowmarket	ER200543	3
50 Butterfly	39.78	40.30	230	22/02/20	Stowmarket Sprint into Spring Open Meet	Stowmarket	ER200543	3
50 Backstroke	41.08	41.60	232	10/07/22	Teamipswich SC July Surprize Open 2022	Ipswich	ER220930	3
100 Backstroke	1:26.85	1:27.80	252	22/02/20	Stowmarket Sprint into Spring Open Meet	Stowmarket	ER200543	3
200 Backstroke	3:13.65	3:15.40	231	04/10/19	LDSC Club Championships 2019	Leiston	ER192822	4
200 Individual Medley	3:08.22	3:10.30	271	22/02/20	Stowmarket Sprint into Spring Open Meet	Stowmarket	ER200543	3
100 Individual Medley	1:25.67	1:25.70	287	11/06/22	Stowmarket SC Sprint into Summer 2022	Mid Suffolk LC	ER220986	3