

Individual Best Times (All Time)

Hannah Appleton - (1204228) - York City Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Breaststroke	1:59.54	1:58.50	154	13/03/16	Team Jorvik Spring Festival	Leeds	NE160158	3
200 Individual Medley	4:05.92	4:04.30	134	13/03/16	Team Jorvik Spring Festival	Leeds	NE160158	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Breaststroke	51.64	52.20	165	12/06/16	Harrogate Summer Meet	Harrogate	NE160246	3
100 Breaststroke	1:57.52	1:58.60	149	19/03/16	Richmond Dales off the Blocks Gala	Billingham	NE160301	4
200 Breaststroke	4:43.65	4:45.50	106	01/11/15	York City Baths Early Bird County Qualifier	Hull	NE151856	3
50 Backstroke	51.43	51.80	118	19/03/16	Richmond Dales off the Blocks Gala	Billingham	NE160301	4