

Individual Best Times (All Time)

Kya Andreou - (1261951) - Harlow Penguin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.34	30.70	427	22/01/22	Swim England Essex Age Group Championships 2022	London	ER220048	1
100 Freestyle	1:10.94	1:09.70	387	12/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
50 Breaststroke	38.69	37.90	428	03/04/22	SE East Region Development Competition 2022	Norwich	ER220676	1
100 Breaststroke	1:26.09	1:24.60	413	03/04/22	SE East Region Development Competition 2022	Norwich	ER220676	1
200 Breaststroke	3:08.38	3:05.60	389	01/03/20	Essex Age Group Championships 2020	Basildon	ER200175	1
50 Butterfly	34.71	34.20	348	07/03/20	HSC FINIS Frantic Fifties	Luton	ER200372	3
50 Backstroke	34.27	33.70	481	02/04/22	SE East Region Development Competition 2022	Norwich	ER220676	1
100 Backstroke	1:15.45	1:14.40	438	15/02/20	Essex Age Group Championships 2020	Basildon	ER200178	1
200 Backstroke	2:43.93	2:41.90	423	15/02/20	Essex Age Group Championships 2020	Basildon	ER200178	1
200 Individual Medley	2:49.25	2:46.90	413	14/04/19	Newham & East London L1 National Qualifying Meet	London	LR190189	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.00	31.70	404	14/03/20	Harlow Penguins 2020 Regional Qualifier Open Meet	Harlow	ER200519	3
100 Freestyle	1:08.28	1:09.50	398	02/06/19	N&UEL Summer Invitational Meet 2019	East Ham	LR191385	4
200 Freestyle	2:24.58	2:27.00	444	15/06/19	8th Eric Shepherd Open Meet	Harlow	ER191328	3
400 Freestyle	5:06.35	5:10.90	430	23/10/21	16th Annual Autumn Open Meet	Harlow	ER210348	3
800 Freestyle	10:26.31	10:35.50	442	25/11/18	BPSC 1500 800 County & Regional Qualifier 2018	Basildon	ER182598	3
1500 Freestyle	20:31.10	20:47.80	401	09/12/18	BPSC 1500 & 800 County & Regional Qualifier 2018	Basildon	ER182599	3
50 Breaststroke	38.00	38.80	416	18/03/22	Harlow Penguins SC Regional Qualifying Meet	Harlow	ER220249	3
100 Breaststroke	1:22.77	1:24.30	427	26/02/22	Swim England Essex Age Group Championships 2022	Basildon	ER220051	2
200 Breaststroke	2:58.88	3:01.80	425	17/10/21	Swim England Essex Winter Championships 2021	Basildon	ER210501	2
50 Butterfly	34.86	35.40	342	19/10/19	Essex Senior Winter Champs	Basildon	ER191968	2
100 Butterfly	1:21.01	1:21.90	297	20/10/19	Essex Senior Winter Champs	Basildon	ER191968	2
50 Backstroke	33.32	33.90	435	16/10/21	Swim England Essex Winter Championships 2021	Basildon	ER210501	2
100 Backstroke	1:12.53	1:13.60	433	14/03/20	Harlow Penguins 2020 Regional Qualifier Open Meet	Harlow	ER200519	3
200 Backstroke	2:33.45	2:35.60	465	14/03/20	Harlow Penguins 2020 Regional Qualifier Open Meet	Harlow	ER200519	3
200 Individual Medley	2:42.95	2:45.40	418	05/10/19	9th David Jacobs Memorial Meet	Basildon	LR192264	3
100 Individual Medley	1:30.55	1:30.60	243	29/10/16	Cheshunt Open Meet	Harlow	ER160277	3