

Individual Best Times (All Time)

Oliver Lerigo - (1459521) - Aberystwyth and District Swimmin

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.33	33.70	225	10/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
100 Freestyle	1:33.81	1:32.90	124	26/06/22	Swim Wales Welsh Development (Youth Panel) 2022	Swansea	WL220740	3
50 Breaststroke	44.14	43.40	203	11/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
100 Breaststroke	1:36.20	1:34.90	206	10/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
50 Butterfly	36.59	36.10	225	09/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
50 Backstroke	38.97	38.50	220	09/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
100 Backstroke	1:25.67	1:24.70	218	10/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
200 Individual Medley	2:59.73	2:57.50	255	10/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.93	33.60	229	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Freestyle	1:13.44	1:14.60	227	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Freestyle	2:51.54	2:53.60	194	11/05/24	Nofio Sir Gar Short Course Development Meet 2024	Carmarthenshire	WL240259	3
50 Breaststroke	42.34	43.10	204	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Breaststroke	1:29.87	1:31.30	232	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Breaststroke	3:29.19	3:31.70	189	11/05/24	Nofio Sir Gar Short Course Development Meet 2024	Carmarthenshire	WL240259	3
50 Butterfly	37.99	38.50	187	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
50 Backstroke	37.68	38.20	202	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Backstroke	1:25.52	1:26.50	180	11/05/24	Nofio Sir Gar Short Course Development Meet 2024	Carmarthenshire	WL240259	3
200 Backstroke	3:01.86	3:03.70	195	11/05/24	Nofio Sir Gar Short Course Development Meet 2024	Carmarthenshire	WL240259	3
200 Individual Medley	3:02.19	3:04.30	217	11/05/24	Nofio Sir Gar Short Course Development Meet 2024	Carmarthenshire	WL240259	3
100 Individual Medley	1:45.34	1:45.30	102	21/05/22	Llanelli Open Meet 2022	Llanelli	WL220639	3