

Individual Best Times (All Time)

Rebecca Andreou - (382748) - Edmonton Phoenix Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:11.71	1:10.50	374	26/05/12	Greenwich Borough ASA Beacon Open Meet	Crystal Palace	LR2094	1
200 Freestyle	2:37.77	2:35.50	365	26/05/12	Greenwich Borough ASA Beacon Open Meet	Crystal Palace	LR2094	1
200 Breaststroke	3:22.72	3:20.10	312	26/05/12	Greenwich Borough ASA Beacon Open Meet	Crystal Palace	LR2094	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.76	32.40	376	26/10/13	Enfield Swim Squad Autumn Open Meet	Enfield	LR3715	3
100 Freestyle	1:09.64	1:10.80	375	16/06/13	Enfield Swim Squad Club Championships	Enfield	LR3580	4
200 Freestyle	2:33.05	2:35.30	374	18/03/12	Middlesex County Championships	Enfield	CC2083	2
400 Freestyle	5:21.03	5:25.40	374	18/11/12	Middlesex ASA Winter Development Meet	Enfield	LR2553	4
50 Breaststroke	42.09	42.80	306	05/11/11	Edmonton Phoenix Winter Open Meet	Enfield	LR1620	3
100 Breaststroke	1:31.31	1:32.70	318	12/03/13	Middlesex County Championships	Enfield	CC3093	2
200 Breaststroke	3:25.23	3:27.80	281	08/07/12	Enfield Swim Squad Open L3 Meet	Enfield	LR2428	3
50 Butterfly	40.83	41.30	212	04/03/12	London Borough of Enfield Championships	Enfield	LR2232	1
100 Butterfly	1:58.07	1:58.70	95	27/03/10	London Boro Enfield Champ	Enfield	LR0323	4
50 Backstroke	40.29	40.80	246	04/03/12	London Borough of Enfield Championships	Enfield	LR2232	1
100 Backstroke	1:19.98	1:21.00	323	22/04/13	MCASA Spring Development Meet	Southbury	LR3355	3
200 Backstroke	3:25.53	3:27.20	193	09/01/10	Boro of Enfield 200 400 Meet	Enfield	ER0082	4
400 Individual Medley	7:04.62	7:08.80	226	08/01/11	London Borough of Enfield 200 400 Competit	Enfield	LR1045	4
100 Individual Medley	1:19.99	1:20.00	352	16/06/13	Enfield Swim Squad Club Championships	Enfield	LR3580	4