

Individual Best Times (All Time)

Caitlin Addlesee - (397538) - Lincoln Vulcans SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.97	35.40	282	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
100 Freestyle	1:15.13	1:14.00	326	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
200 Freestyle	2:43.41	2:41.30	329	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
50 Breaststroke	48.88	48.20	212	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
50 Butterfly	46.20	45.80	147	22/09/13	City of Sheffield 31st Annual Teaspoon Gala	Sheffield	NE3173	3
50 Backstroke	45.07	44.60	211	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
100 Backstroke	1:33.14	1:32.30	233	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
200 Backstroke	3:18.58	3:16.90	238	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.53	35.10	292	01/05/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3
100 Freestyle	1:14.45	1:15.60	307	01/05/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3
200 Freestyle	2:38.84	2:41.00	334	22/11/14	Lincoln Vulcans Club Championships	Grantham	EM4354	4
400 Freestyle	5:33.58	5:37.80	333	06/03/16	Worksop Dolphins The 8th Spring Open Meet	Worksop	EM160554	3
50 Breaststroke	46.77	47.40	223	05/04/14	Lincoln Vulcans Club Championships	Yarborough	EM4358	4
100 Breaststroke	1:40.03	1:41.30	242	01/05/16	South Lincs Tulip Meet 2016	Spalding	EM160420	3
200 Breaststroke	3:38.84	3:41.20	232	04/07/15	Lincoln Vulcans Annual Club Championships	Grantham	EM150586	4
50 Butterfly	41.56	42.00	201	09/04/16	Lincoln Vulcans Squad Sprints	Yarborough	EM160569	4
50 Backstroke	41.39	41.90	227	18/04/15	Lincoln Vulcans Squad Sprint	Lincoln	EM150584	4
100 Backstroke	1:27.26	1:28.20	248	03/05/15	31st Tulip Open Meet	Spalding	EM150305	3
200 Backstroke	3:07.66	3:09.40	254	11/07/15	Lincoln Vulcans Annual Club Championships	Grantham	EM150587	4
100 Individual Medley	1:29.37	1:29.40	252	03/05/14	South Lincs CSC Tulip Open Meet	Spalding	EM4073	3