

Individual Best Times (All Time)

Emmeline Ansell - (416222) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.38	28.70	518	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
100 Freestyle	1:04.36	1:03.00	518	08/06/14	ASA South West Region AG Championships	Millfield	SWR404	1
200 Freestyle	2:22.53	2:20.10	496	15/06/14	ASA South West Region AG Championships	Bristol	SWR405	1
400 Freestyle	5:10.54	5:06.00	435	15/11/14	Welsh Capital Open Meet	Cardiff	WAL608	1
50 Backstroke	33.93	33.30	496	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
100 Backstroke	1:12.52	1:11.40	494	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
200 Backstroke	2:36.72	2:34.60	485	07/02/15	Aquae Sulis Spring Grand Prix	Bristol	SW150009	1
200 Individual Medley	2:58.27	2:56.00	354	15/11/14	Welsh Capital Open Meet	Cardiff	WAL608	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.08	29.80	490	21/02/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	CC150142	2
100 Freestyle	1:02.39	1:03.70	522	22/02/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	CC150142	2
200 Freestyle	2:18.60	2:21.10	504	01/03/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	CC150143	2
400 Freestyle	4:54.14	4:58.90	486	23/02/14	Dorset County Age Group Champs 2014	Littledown	CC4024	2
50 Breaststroke	39.91	40.70	359	04/10/15	2015 Poole Early Bird Autumn Open Meet	Poole	SW150970	3
100 Breaststroke	1:27.81	1:29.20	358	03/10/15	2015 Poole Early Bird Autumn Open Meet	Poole	SW150970	3
200 Breaststroke	3:11.72	3:14.50	345	04/10/15	2015 Poole Early Bird Autumn Open Meet	Poole	SW150970	3
50 Butterfly	33.49	34.10	385	01/03/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	CC150143	2
100 Butterfly	1:22.83	1:23.70	277	06/07/14	2014 Dorset Development Competition	Littledown	SW4094	3
200 Butterfly	3:21.10	3:22.70	210	26/10/14	Portsmouth Northsea Halloween Meet	Portsmouth	SE14424	3
50 Backstroke	32.54	33.20	467	07/11/15	ASA South West Short Course Championships	Millfield	SW151638	2
100 Backstroke	1:08.94	1:10.10	504	08/11/15	ASA South West Short Course Championships	Millfield	SW151638	2
200 Backstroke	2:26.71	2:29.00	532	07/11/15	ASA South West Short Course Championships	Millfield	SW151638	2
200 Individual Medley	2:42.29	2:44.70	423	21/02/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	CC150142	2
400 Individual Medley	5:48.20	5:53.20	411	01/03/14	Dorset County Age Group Champs 2014	Littledown	CC4025	2
100 Individual Medley	1:30.64	1:30.60	242	07/07/12	Dorset County ASA Development Meet	Bournemouth	SW2103	3