

# Individual Best Times (All Time)

Richard Ayre - (45223) - East Leeds SC

Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet                                              | Venue     | Licence  | Level |
|-----------------------|---------|-----------------|-----------|----------|---------------------------------------------------|-----------|----------|-------|
| 50 Freestyle          | 24.21   | 23.30           | 644       | 06/05/18 | North East Region Championships                   | Sheffield | NE180150 | 1     |
| 100 Freestyle         | 56.13   | 54.60           | 581       | 09/02/19 | Yorkshire County Championships                    | Leeds     | NE190128 | 1     |
| 200 Freestyle         | 2:51.89 | 2:49.90         | 208       | 07/03/04 | Yorkshire ASA Championships                       | Leeds     | CCE032   | 1     |
| 50 Breaststroke       | 28.92   | 27.80           | 722       | 27/07/16 | British Summer Championships                      | Sheffield | ASA148   | 1     |
| 100 Breaststroke      | 1:07.64 | 1:05.80         | 594       | 05/02/22 | Yorkshire Swimming Association Championships 2022 | Leeds     | NE220062 | 1     |
| 50 Backstroke         | 41.11   | 40.60           | 187       | 03/04/04 | Yorkshire ASA Championships                       | Leeds     | CCE032   | 1     |
| 100 Backstroke        | 1:23.27 | 1:22.30         | 237       | 08/10/05 | Yorkshire Winter Age Group                        | Sheffield | NE5050   | 1     |
| 200 Backstroke        | 3:04.79 | 3:03.00         | 222       | 27/02/05 | Yorkshire County Championships                    | Leeds     | CCE507   | 1     |
| 200 Individual Medley | 3:01.12 | 2:58.90         | 249       | 09/10/05 | Yorkshire Winter Age Group                        | Sheffield | NE5050   | 1     |

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                                               | Venue         | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|----------------------------------------------------|---------------|----------|-------|
| 50 Freestyle          | 23.39   | 24.30           | 640       | 05/11/23 | NE Regional Open Championships (25m) 2023          | Sheffield     | NE231348 | 2     |
| 100 Freestyle         | 51.34   | 52.90           | 666       | 20/10/19 | Yorkshire Swimming Association Winter Competition  | Sheffield     | NE192012 | 2     |
| 200 Freestyle         | 2:09.11 | 2:11.80         | 455       | 22/09/11 | City of Wakefield SC Time Trials                   | Wakefield     | NE1436   | 4     |
| 400 Freestyle         | 4:40.93 | 4:45.90         | 431       | 08/09/11 | City of Wakefield SC Time Trials                   | Wakefield     | NE1436   | 4     |
| 50 Breaststroke       | 27.78   | 28.90           | 724       | 02/12/22 | National Winter Championships 2022                 | Sheffield     | ENG027   | 2     |
| 100 Breaststroke      | 1:02.61 | 1:04.60         | 688       | 07/11/21 | SE North East Region Open Championships (25m) 2021 | Sheffield     | NE210917 | 2     |
| 200 Breaststroke      | 2:39.63 | 2:42.90         | 426       | 23/09/11 | City of Wakefield SC Time Trials                   | Wakefield     | NE1436   | 4     |
| 50 Butterfly          | 28.57   | 29.20           | 441       | 21/09/13 | Rotherham Metro SC A & B Grade SC Meet             | Sheffield     | NE3214   | 3     |
| 100 Butterfly         | 1:03.86 | 1:05.00         | 418       | 27/10/12 | City of Bradford Halloween Meet                    | Bradford      | NE2531   | 2     |
| 200 Butterfly         | 2:36.20 | 2:38.20         | 320       | 09/09/12 | City of Wakefield Club Championships               | Wakefield     | NE2630   | 4     |
| 50 Backstroke         | 29.50   | 30.20           | 421       | 17/06/17 | Middlesbrough 2017 Open Meet Gala                  | Middlesbrough | NE170017 | 3     |
| 100 Backstroke        | 1:02.84 | 1:04.10         | 454       | 08/11/15 | City of Wakefield Club Championships               | Wakefield     | NE151280 | 4     |
| 200 Backstroke        | 2:27.33 | 2:29.60         | 368       | 23/09/12 | City of Wakefield Club Championships               | Wakefield     | NE2630   | 4     |
| 200 Individual Medley | 2:21.99 | 2:24.70         | 460       | 20/11/11 | City of Wakefield SC Time Trials                   | Wakefield     | NE1436   | 4     |
| 100 Individual Medley | 1:01.52 | 1:01.50         | 513       | 16/11/14 | City of Wakefield Club Championships               | Wakefield     | NE14203  | 4     |