

Individual Best Times (All Time)

Callum Brook - (558565) - Melton Mowbray SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.67	26.90	431	05/03/17	Nova Centurion March Sprint Meet 2017	Nottingham	EM170410	3
100 Freestyle	1:15.74	1:14.60	236	23/02/13	Leicestershire County Age Groups Champs	Loughborough	CC3058	1
200 Freestyle	2:24.04	2:21.60	355	07/03/15	Leicestershire County Age Groups & Championships	Loughborough	CC150152	1
50 Butterfly	29.07	28.40	449	07/05/18	Swim England East Midland Championships 2018	Sheffield	EM180960	1
100 Butterfly	1:45.67	1:44.90	102	09/07/11	Northampton SC Summer Festival Open Meet	Corby	EM1465	4
50 Backstroke	30.92	30.30	441	05/03/17	Nova Centurion March Sprint Meet 2017	Nottingham	EM170410	3
100 Backstroke	1:19.85	1:18.80	269	01/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
200 Backstroke	3:00.93	2:59.10	236	26/02/12	Leicestershire County Championships	Loughborough	CC2062	1
200 Individual Medley	3:10.59	3:08.50	214	11/03/12	Leicestershire County Championships	Loughborough	CC2064	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.18	27.90	408	25/02/17	Sprint Championships & Long Distance Championships	Melton Mowbray	EM170698	4
100 Freestyle	59.68	1:01.10	424	28/01/17	Leicestershire County Championships	Hinckley	EM170275	2
200 Freestyle	2:18.12	2:20.60	372	06/12/15	Melton Mowbray Gala	Melton Mowbray	EM151722	4
50 Breaststroke	40.84	41.60	228	31/01/15	Melton Mowbray 4S Internal Gala Sprints	Melton Mowbray	EM150499	4
100 Breaststroke	1:26.16	1:27.60	264	29/08/15	Melton Mowbray Gala	Melton Mowbray	EM151720	4
200 Breaststroke	3:15.04	3:17.70	233	01/11/14	Melton Mowbray Distance Club Champs	Melton Mowbray	EM14413	4
50 Butterfly	27.82	28.50	477	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Butterfly	1:06.82	1:07.90	365	21/01/17	Leicestershire County Championships	Braunstone	EM170274	2
200 Butterfly	2:42.94	2:44.90	281	06/12/15	Melton Mowbray Gala	Melton Mowbray	EM151722	4
50 Backstroke	29.32	30.00	428	09/02/20	2020 LASA County Age Group & Championships	Braunstone	EM200331	2
100 Backstroke	1:06.15	1:07.40	389	21/01/18	Leicestershire County Age Groups & Championships	Hinckley	EM180329	2
200 Backstroke	2:42.83	2:44.90	272	01/11/14	Melton Mowbray Distance Club Champs	Melton Mowbray	EM14413	4
200 Individual Medley	2:32.39	2:35.00	372	09/07/16	Melton Mowbray Annual IM Gala	Melton Mowbray	EM160675	4
100 Individual Medley	1:10.23	1:10.20	345	06/02/16	The Leicestershire County Age Groups & Champs	Braunstone	EM160199	2