

Individual Best Times (All Time)

Rio Adebisi - (722391) - Northwich Centurions SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.50	34.10	217	22/06/14	Northwich ASC Club Sprints	Northwich	NW4633	4
50 Breaststroke	45.96	46.60	159	22/06/14	Northwich ASC Club Sprints	Northwich	NW4633	4
50 Backstroke	40.43	40.90	163	22/06/14	Northwich ASC Club Sprints	Northwich	NW4633	4
100 Individual Medley	1:28.55	1:28.60	172	22/06/14	Northwich ASC Club Sprints	Northwich	NW4633	4