

Individual Best Times (All Time)

David Allen - (762688) - Sevenoaks SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.30	24.50	564	05/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
100 Freestyle	54.62	53.10	631	10/04/22	Guildford City SC Spring Open Meet	Guildford	SE220220	1
200 Freestyle	2:01.47	1:58.60	592	30/04/22	Swim England South East Summer Championships	Wycombe	SE220755	1
400 Freestyle	4:16.81	4:11.30	629	25/07/21	South East Festival of Swimming 2021	Wycombe	SE210358	1
800 Freestyle	8:53.98	8:43.10	606	12/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe	SE220336	1
1500 Freestyle	17:06.71	16:46.50	610	14/03/20	2020 London Region Spring Open Meet	London	LR200423	1
50 Breaststroke	32.78	31.80	496	30/04/22	Swim England South East Summer Championships	Wycombe	SE220755	1
100 Breaststroke	1:14.01	1:12.30	453	05/02/22	Kent County Championships 2022	London Aqu Cen	SE220057	1
200 Breaststroke	2:53.52	2:50.40	378	03/02/19	Kent Swimming Championships 2019	Crystal Palace	SE190349	1
50 Butterfly	27.28	26.60	544	26/02/23	Kent Swimming Championships 2023	Stratford	LR230204	1
100 Butterfly	1:00.75	59.50	539	06/02/22	Kent County Championships 2022	London Aqu Cen	SE220057	1
200 Butterfly	2:18.47	2:16.20	505	26/03/23	Guildford City L1 Spring Open Meet 2023	Surrey Sports Parl	SE230074	1
50 Backstroke	29.20	28.50	524	10/04/22	Guildford City SC Spring Open Meet	Guildford	SE220220	1
100 Backstroke	1:01.08	59.80	602	08/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
200 Backstroke	2:13.93	2:11.40	583	09/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
200 Individual Medley	2:14.33	2:11.40	611	09/04/22	Guildford City SC Spring Open Meet	Guildford	SE220220	1
400 Individual Medley	4:47.49	4:41.30	600	11/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe	SE220336	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.84	25.70	534	05/11/22	SE South East Regional Winter SC Champs 2022	Winchester	SE222021	2
100 Freestyle	52.90	54.50	609	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
200 Freestyle	1:56.12	1:59.10	626	06/11/21	SE South East Open/Junior Swimming Championships	Winchester	SE211170	2
400 Freestyle	4:06.16	4:11.80	641	22/01/22	Kent County Championships 2022	Dover LC	SE220055	2
800 Freestyle	8:28.48	8:39.70	663	17/12/21	Sevenoaks SC Club Champs 2021	Sevenoaks	SE211213	4
1500 Freestyle	16:21.20	16:42.00	642	23/01/22	Kent County Championships 2022	Dover LC	SE220055	2
50 Breaststroke	32.40	33.40	456	03/10/21	Bromley SC Autumn Gold Open Meet 2021	Haslemere	LR211005	3
100 Breaststroke	1:11.68	1:13.40	458	16/10/21	Sevenoaks SC Club Champs 2021	Sevenoaks	SE211126	3
200 Breaststroke	2:38.74	2:42.00	433	17/10/21	Sevenoaks SC Club Champs 2021	Sevenoaks	SE211126	3
50 Butterfly	27.05	27.70	519	07/11/21	SE South East Open/Junior Swimming Championships	Winchester	SE211170	2
100 Butterfly	59.92	1:01.20	507	06/11/21	SE South East Open/Junior Swimming Championships	Winchester	SE211170	2
200 Butterfly	2:10.25	2:12.60	552	30/01/22	Kent County Championships 2022	Dover LC	SE220056	2
50 Backstroke	29.00	29.70	443	06/07/21	Sevenoaks SC Back to the Blocks 2021	Sevenoaks	SE210229	4
100 Backstroke	1:00.44	1:01.80	511	06/11/22	SE South East Regional Winter SC Champs 2022	Winchester	SE222021	2
200 Backstroke	2:08.52	2:11.10	555	23/01/22	Kent County Championships 2022	Dover LC	SE220055	2
200 Individual Medley	2:08.03	2:11.10	627	11/12/21	National Arena Swimming League South Round 3	Burgess Hill	SE211572	3
400 Individual Medley	4:35.52	4:41.80	618	29/01/22	Kent County Championships 2022	Dover LC	SE220056	2
100 Individual Medley	1:00.89	1:00.90	530	05/11/22	SE South East Regional Winter SC Champs 2022	Winchester	SE222021	2