

Individual Best Times (All Time)

Niamh Brown - (809310) - Deepings SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.09	30.40	437	17/05/15	Northampton Spring Festival	Corby	EM150349	1
100 Freestyle	1:08.42	1:07.20	431	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
200 Freestyle	2:27.13	2:24.70	451	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
400 Freestyle	5:06.84	5:02.20	451	17/05/14	Northampton SC Spring Festival Open Meet	Corby	EM4052	1
800 Freestyle	10:54.82	10:45.90	405	09/02/14	Leicestershire & Lincolnshire Long Distance Meet	Loughborough	CC4070	1
50 Breaststroke	48.26	47.60	220	22/01/12	Rotherham Metro A & B Grade Gala	Sheffield	NE2002	3
100 Breaststroke	1:30.01	1:28.60	361	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
200 Breaststroke	3:11.12	3:08.30	372	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
50 Butterfly	33.53	33.00	386	12/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
100 Butterfly	1:19.05	1:18.10	345	14/06/14	Midland Age Group Championships 2014	Coventry	WMR415	1
200 Butterfly	3:10.78	3:09.10	260	01/06/13	Midland Age Group Championships 2013	Coventry	WMR316	1
50 Backstroke	36.65	36.10	393	16/05/15	Northampton Spring Festival	Corby	EM150349	1
100 Backstroke	1:17.40	1:16.40	406	17/05/15	Northampton Spring Festival	Corby	EM150349	1
200 Backstroke	2:46.03	2:44.00	407	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
200 Individual Medley	2:47.81	2:45.40	424	08/06/14	Midland Age Group Championships 2014	Coventry	WMR414	1
400 Individual Medley	5:56.38	5:51.40	415	21/12/13	Northampton Winter Festival Open Meet	Corby	EM3728	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.30	31.00	433	05/10/14	Rob Welbourn Open Meet	Deeping	EM4700	3
100 Freestyle	1:06.35	1:07.60	434	03/05/14	South Lincs CSC Tulip Open Meet	Spalding	EM4073	3
200 Freestyle	2:22.51	2:24.90	463	05/10/14	Rob Welbourn Open Meet	Deeping	EM4700	3
400 Freestyle	4:59.66	5:04.30	459	15/11/14	Mansfield Major Oak Open Meet	Mansfield	EM4999	3
800 Freestyle	10:04.41	10:13.90	492	14/02/15	Lincolnshire County ASA Swimming Championships	Grantham	CC150039	2
50 Breaststroke	39.73	40.50	364	21/11/15	Boston ASC Club 11th Open Meet	Grantham	EM151110	3
100 Breaststroke	1:25.63	1:27.10	386	04/05/13	South Lincs SC Tulip Open Meet	Spalding	EM3101	3
200 Breaststroke	3:02.24	3:05.10	402	05/10/13	Leicester Penguins Open Meet 2013	Braunstone	EM3358	3
50 Butterfly	32.80	33.40	410	10/04/15	The 2015 Leicester Age Group Meet	Leicester	EM150392	3
100 Butterfly	1:15.24	1:16.20	370	04/05/14	South Lincs CSC Tulip Open Meet	Spalding	EM4073	3
200 Butterfly	2:49.53	2:51.40	351	04/10/14	Rob Welbourn Open Meet	Deeping	EM4700	3
50 Backstroke	34.14	34.70	404	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
100 Backstroke	1:13.90	1:15.00	409	02/05/15	31st Tulip Open Meet	Spalding	EM150305	3
200 Backstroke	2:36.35	2:38.50	440	04/10/14	Rob Welbourn Open Meet	Deeping	EM4700	3
200 Individual Medley	2:40.19	2:42.60	440	10/04/15	The 2015 Leicester Age Group Meet	Leicester	EM150392	3
400 Individual Medley	5:34.67	5:39.90	463	09/11/14	Deeping Club Championships	Deeping	EM4698	4
100 Individual Medley	1:14.53	1:14.50	435	02/05/15	31st Tulip Open Meet	Spalding	EM150305	3