

Individual Best Times (All Time)

Sarah Abrahamse - (878977) - Dane Valley SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.72	35.30	288	09/01/16	SM Mini Meet Grand Prix Round 3	Stockport	NW160237	3
100 Freestyle	1:23.78	1:24.80	215	19/09/15	Dane Valley ASC Club Championships 2015	Congleton	NW151664	4
200 Freestyle	2:56.57	2:58.50	243	18/09/15	Dane Valley ASC Club Championships 2015	Congleton	NW151664	4
400 Freestyle	7:07.59	7:10.90	158	02/07/15	Dane Valley Club Time Trials 2015	Congleton	NW151134	4
50 Breaststroke	46.65	47.30	224	28/11/15	SM Mini Meet Grand Prix Series Round 1 & 2	Stockport	NW151866	3
100 Breaststroke	1:45.38	1:46.60	207	20/09/15	Dane Valley ASC Club Championships 2015	Congleton	NW151664	4
200 Breaststroke	3:40.29	3:42.70	227	19/09/15	Dane Valley ASC Club Championships 2015	Congleton	NW151664	4
50 Butterfly	41.55	42.00	202	09/01/16	SM Mini Meet Grand Prix Round 3	Stockport	NW160237	3
100 Butterfly	1:52.04	1:52.70	112	03/07/15	Dane Valley Club Time Trials 2015	Congleton	NW151134	4
50 Backstroke	39.25	39.80	266	28/11/15	SM Mini Meet Grand Prix Series Round 1 & 2	Stockport	NW151866	3
100 Backstroke	1:31.72	1:32.60	214	19/09/15	Dane Valley ASC Club Championships 2015	Congleton	NW151664	4
200 Backstroke	3:17.57	3:19.30	218	20/09/15	Dane Valley ASC Club Championships 2015	Congleton	NW151664	4
200 Individual Medley	3:19.16	3:21.10	229	28/11/15	SM Mini Meet Grand Prix Series Round 1 & 2	Stockport	NW151866	3
100 Individual Medley	1:32.31	1:32.30	229	02/07/15	Dane Valley Club Time Trials 2015	Congleton	NW151134	4