

Individual Best Times (All Time)

Ryan Ajmone - (926681) - City Of Glasgow Swim Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Breaststroke	1:31.88	1:30.50	237	07/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO991	2
100 Butterfly	1:20.23	1:19.30	234	08/03/15	SASA West District SAG Championship	East Kilbride	SCO949	1
200 Butterfly	2:51.76	2:49.90	265	06/03/16	SASA West District LC AG Round 3	East Kilbride	SCO1092	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.43	28.20	397	19/03/17	REN96 Graded Meet	Linwood	SCO1269	2
100 Freestyle	1:00.25	1:01.60	412	19/03/17	REN96 Graded Meet	Linwood	SCO1269	2
200 Freestyle	2:13.58	2:16.20	411	12/02/17	Bellshill Sharks Open Meet 2017	Glasgow	SCO1241	2
400 Freestyle	4:39.34	4:44.30	438	22/04/17	SAST Open Age Group Meet 2017	South Ayrshire	SCO1278	2
50 Breaststroke	36.17	37.00	328	27/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1
100 Breaststroke	1:18.56	1:20.10	348	18/03/17	REN96 Graded Meet	Linwood	SCO1269	2
200 Breaststroke	2:51.25	2:54.30	345	03/09/16	North Ayrshire Distance Meet	Stevenston	SCO1164	2
50 Butterfly	29.94	30.60	383	11/02/17	Bellshill Sharks Open Meet 2017	Glasgow	SCO1241	2
100 Butterfly	1:06.82	1:07.90	365	12/02/17	Bellshill Sharks Open Meet 2017	Glasgow	SCO1241	2
200 Butterfly	2:31.51	2:33.60	350	12/02/17	Bellshill Sharks Open Meet 2017	Glasgow	SCO1241	2
50 Backstroke	34.07	34.70	273	19/03/17	REN96 Graded Meet	Linwood	SCO1269	2
100 Backstroke	1:14.38	1:15.50	274	26/11/16	Dumfries Advent Open 2016	Dumfries	SCO1208	2
200 Backstroke	2:36.15	2:38.30	309	19/03/17	REN96 Graded Meet	Linwood	SCO1269	2
200 Individual Medley	2:29.90	2:32.50	391	27/11/16	Dumfries Advent Open 2016	Dumfries	SCO1208	2
400 Individual Medley	5:17.46	5:22.90	404	15/04/17	Stirling Open Meet	Stirling	SCO1272	2
100 Individual Medley	1:10.78	1:10.80	337	27/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1