

Individual Best Times (All Time)

Maseh Abdulwahid - (979454) - Hillingdon Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.63	38.10	158	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
100 Freestyle	1:37.00	1:36.10	112	22/09/13	Hillingdon SC 3rd Autumn Sprints Meet	Hillingdon	LR3470	3
200 Freestyle	3:12.78	3:11.00	148	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
50 Breaststroke	47.51	46.80	162	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
100 Breaststroke	1:48.41	1:47.20	144	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
50 Backstroke	1:02.01	1:01.70	54	23/09/12	Hillingdon SC Autumn Sprints Meet 2012	Hillingdon	LR2129	4
100 Backstroke	1:49.33	1:48.60	105	22/09/13	Hillingdon SC 3rd Autumn Sprints Meet	Hillingdon	LR3470	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.51	38.10	155	26/04/14	MCASA Development Meet	Enfield	LR4480	3
100 Freestyle	1:26.27	1:27.20	140	17/05/14	Leighton Buzzard SC May Level 3 Open Meet	Bletchley	ER4142	3
200 Freestyle	2:56.19	2:58.20	179	31/01/15	Potters Bar Winter Open 2015	Potters Bar	ER150125	3
50 Breaststroke	47.06	47.70	149	17/05/14	Leighton Buzzard SC May Level 3 Open Meet	Bletchley	ER4142	3
100 Breaststroke	1:46.92	1:48.10	138	17/05/14	Leighton Buzzard SC May Level 3 Open Meet	Bletchley	ER4142	3
200 Breaststroke	3:56.65	3:58.90	130	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
50 Butterfly	46.74	47.10	100	01/02/14	Potters Bar Winter Open Meet	Potters Bar	ER4031	3
50 Backstroke	44.25	44.70	124	05/07/14	Potters Bar SC Summer Open 2014	Potters Bar	ER4474	3
200 Backstroke	3:59.17	4:00.60	86	13/07/13	Staines Black Swan Summer Meet	Elmbridge	SE3395	3
200 Individual Medley	3:37.97	3:39.80	127	26/04/14	MCASA Development Meet	Enfield	LR4480	3
100 Individual Medley	1:36.54	1:36.50	133	31/01/15	Potters Bar Winter Open 2015	Potters Bar	ER150125	3