

# Individual Best Times (Masters)

April Allen - (212924) - Pembrokeshire County Swimming

Long Course

| Stroke                | Time    | FINA Pts | Swim Date | Meet                               | Venue   | Licence | Level |
|-----------------------|---------|----------|-----------|------------------------------------|---------|---------|-------|
| 50 Freestyle          | 30.00   | 487      | 21/04/24  | British Masters Championships 2024 | Swansea | MAS1147 | 0     |
| 100 Freestyle         | 1:06.25 | 475      | 19/04/24  | British Masters Championships 2024 | Swansea | MAS1147 | 0     |
| 50 Breaststroke       | 40.17   | 382      | 02/03/24  | Swim Wales Open Masters 2024       | Swansea | MAS1126 | 0     |
| 50 Butterfly          | 32.59   | 421      | 19/04/24  | British Masters Championships 2024 | Swansea | MAS1147 | 0     |
| 200 Individual Medley | 2:50.63 | 403      | 02/03/24  | Swim Wales Open Masters 2024       | Swansea | MAS1126 | 0     |

Short Course

| Stroke                | Time    | FINA Pts | Swim Date | Meet                                     | Venue   | Licence | Level |
|-----------------------|---------|----------|-----------|--|---------|---------|-------|
| 50 Freestyle          | 29.59   | 465      | 03/12/23  | Swim Wales Masters SC Championships 2023 | Newport | MAS1104 | 0     |
| 100 Freestyle         | 1:04.42 | 474      | 02/12/23  | Swim Wales Masters SC Championships 2023 | Newport | MAS1104 | 0     |
| 50 Breaststroke       | 39.12   | 381      | 03/12/23  | Swim Wales Masters SC Championships 2023 | Newport | MAS1104 | 0     |
| 50 Butterfly          | 32.20   | 434      | 02/12/23  | Swim Wales Masters SC Championships 2023 | Newport | MAS1104 | 0     |
| 50 Backstroke         | 34.44   | 394      | 02/12/23  | Swim Wales Masters SC Championships 2023 | Newport | MAS1104 | 0     |
| 100 Individual Medley | 1:14.28 | 440      | 03/12/23  | Swim Wales Masters SC Championships 2023 | Newport | MAS1104 | 0     |