

Individual Best Times (Masters)

James Amor - (755731) - Copeland ASC

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Backstroke	31.53	416	03/06/23	British Masters Championships	Sheffield	MAS1046	0
100 Backstroke	1:12.14	365	02/06/23	British Masters Championships	Sheffield	MAS1046	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	27.43	397	12/11/23	Masters Inter County Teams 2023 - Northern Region	Huddersfield	MAS1092	0
100 Freestyle	1:00.12	414	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	MAS1058	0
200 Freestyle	2:22.18	341	12/02/22	Carlisle Masters Meet 2022	Carlisle	MAS938	0
50 Breaststroke	37.47	295	10/02/24	Carlisle Aquatics Masters Meet 2024	Carlisle	MAS1119	0
100 Breaststroke	1:23.53	289	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	MAS1058	0
50 Butterfly	30.45	364	25/02/23	Swim North West Masters Championships	Blackpool	MAS1013	0
100 Butterfly	1:11.66	296	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	MAS1058	0
50 Backstroke	30.14	394	25/02/23	Swim North West Masters Championships	Blackpool	MAS1013	0
100 Backstroke	1:07.62	365	25/02/23	Swim North West Masters Championships	Blackpool	MAS1013	0
200 Backstroke	2:28.96	356	12/02/22	Carlisle Masters Meet 2022	Carlisle	MAS938	0
100 Individual Medley	1:09.44	357	24/02/24	SE North West Masters 2024	Blackpool	MAS1123	0