

Individual Best Times (All Time)

Thomas Adamson - (1107160) - Consett SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.11	26.30	458	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
100 Freestyle	57.79	56.30	533	26/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
200 Freestyle	2:09.44	2:06.70	489	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
400 Freestyle	5:35.21	5:31.00	282	17/01/15	City of Sunderland New Year Meet	Sunderland	NE150366	1
50 Breaststroke	1:00.70	1:00.20	78	13/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
100 Breaststroke	1:19.07	1:17.50	372	26/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
50 Butterfly	27.82	27.10	512	26/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
100 Butterfly	1:00.25	59.00	552	02/02/20	Northumberland & Durham SA County Championships	Sunderland	NE200404	1
200 Butterfly	2:19.20	2:16.90	498	26/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
50 Backstroke	47.05	46.60	125	13/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	NE4760	3
100 Backstroke	1:13.59	1:12.50	344	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
200 Backstroke	3:08.34	3:06.60	209	26/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
200 Individual Medley	2:27.26	2:24.60	463	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
400 Individual Medley	5:33.93	5:28.60	382	24/03/18	City of Sunderland National Qualifier	Sunderland	NE180846	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.03	27.80	414	30/06/21	Derwentside	Louisa	LEX3010	0
100 Freestyle	58.80	1:00.20	443	01/11/20	Derwentside	The Louisa Centre	LEX727	0
200 Freestyle	2:08.57	2:11.20	461	30/06/21	Derwentside	Louisa	LEX3010	0
400 Freestyle	4:28.10	4:33.30	496	30/06/21	Derwentside	Louisa	LEX3010	0
50 Breaststroke	34.69	35.60	372	30/06/21	Derwentside	Louisa	LEX3010	0
100 Breaststroke	1:16.28	1:17.90	380	17/11/19	Derwentside ASC Club Championships 2019	Stanley	NE190215	4
200 Breaststroke	2:53.16	2:56.20	334	08/06/19	Derwentside ASC 10th Annual Charity Swim Meet	Stanley	NE190004	3
50 Butterfly	27.40	28.10	500	30/06/21	Derwentside	Louisa	LEX3010	0
100 Butterfly	1:01.40	1:02.60	471	30/10/20	Derwentside	The Louisa Centre	LEX728	0
200 Butterfly	2:16.34	2:18.60	481	14/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2
50 Backstroke	31.83	32.50	335	30/06/21	Derwentside	Louisa	LEX3010	0
100 Backstroke	1:10.71	1:11.80	319	17/11/19	Derwentside ASC Club Championships 2019	Stanley	NE190215	4
200 Backstroke	2:29.17	2:31.40	355	08/06/19	Derwentside ASC 10th Annual Charity Swim Meet	Stanley	NE190004	3
200 Individual Medley	2:25.95	2:28.60	423	21/05/21	Derwentside	The Louisa Centre	LEX1508	0
400 Individual Medley	5:33.34	5:38.60	349	11/11/17	Wear Valley November L3 Meet	Bishop Auckland	NE170293	3
100 Individual Medley	1:10.76	1:10.80	337	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2