

Individual Best Times (All Time)

Kaie Ames - (1111396) - Hart Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	1:03.18	1:02.70	69	20/11/14	ISA London West Regional Championships	Guildford	SE4845	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	44.01	44.50	96	19/04/14	Basingstoke Bluefins Easter Egg Graded Meet	Basingstoke	SE4386	3
100 Freestyle	1:41.25	1:42.10	86	08/02/15	Last Chance County Qualifier	Fleet	SE150253	4
400 Freestyle	7:54.37	7:57.30	89	28/06/15	Hart Club Championships 2015	Hart	SE150945	4
50 Breaststroke	1:02.28	1:02.80	64	07/12/14	Hart John Bennett Meet	Fleet	SE14581	4
50 Butterfly	53.79	54.10	66	19/04/14	Basingstoke Bluefins Easter Egg Graded Meet	Basingstoke	SE4386	3
50 Backstroke	50.53	50.90	83	07/12/14	Hart John Bennett Meet	Fleet	SE14581	4
100 Backstroke	1:54.67	1:55.40	74	18/06/15	Hart Club Championships 2015	Hart	SE150942	4
100 Individual Medley	1:57.22	1:57.20	74	24/09/14	Hart Club Championships	Fleet	SE14259	4