

Individual Best Times (All Time)

James Brown - (1120254) - Bilston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.17	28.40	368	26/07/19	British Summer Championships	Glasgow	BSW011	1
100 Freestyle	1:02.55	1:01.20	420	25/07/19	British Summer Championships	Glasgow	BSW011	1
200 Freestyle	2:58.60	2:56.60	186	03/04/16	CP Sport National Swimming Championships	Nottingham	EM160192	3
400 Freestyle	4:48.93	4:44.00	441	23/07/19	British Summer Championships	Glasgow	BSW011	1
100 Breaststroke	1:44.92	1:43.70	159	26/03/17	CP Sport National Swimming Competition	Nottingham	EM170300	3
100 Butterfly	1:30.95	1:30.10	160	03/09/17	UK School Games	Loughborough	ENG002	1
100 Backstroke	1:26.26	1:25.30	214	29/04/17	British Para Swimming International 2017	Sheffield	BSW003	1
200 Individual Medley	3:03.02	3:00.80	241	26/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.77	30.50	310	14/04/18	National Junior Para Swimming 2018	Southampton	DIS117	2
100 Freestyle	1:03.39	1:04.70	353	02/03/19	National Para Swimming 2019	Liverpool	DIS121	2
200 Freestyle	2:36.13	2:38.30	257	12/12/20	Royal Wolverhampton School	Royal School	LEX669	0
400 Freestyle	4:45.12	4:50.00	412	03/03/19	National Para Swimming 2019	Liverpool	DIS121	2
50 Breaststroke	54.18	54.80	97	24/10/15	ASAWMR Para-Swimming Championships	Rugby	WM151551	3
100 Breaststroke	1:41.51	1:42.70	161	26/02/17	Staffordshire ASA Championships	Stafford	WM170127	2
50 Butterfly	36.38	36.90	213	15/12/20	The Royal Wolverhanpton School	The Royal School	LEX837	0
50 Backstroke	46.54	47.00	107	10/05/15	Haden Hill 34th Annual Open Meet	Wolverhampton	WM150619	3
100 Backstroke	1:27.11	1:28.00	170	22/09/18	Derwentio Excel 8th Short Course Open Meet	Matlock	EM181185	2
100 Individual Medley	1:24.05	1:24.10	201	16/07/17	Wolverhampton Summer Open Meet	Wolverhampton	WM170477	3