

Individual Best Times (All Time)

Gracie Kay - (1141801) - City of Cambridge SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.56	27.80	564	11/02/22	Middle East Open and Junior Championships	Dubai	GBR1617	1
100 Freestyle	1:02.29	1:00.90	572	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
200 Freestyle	2:16.88	2:14.30	560	25/07/19	British Summer Championships	Glasgow	BSW011	1
400 Freestyle	4:52.51	4:47.70	521	31/03/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
800 Freestyle	10:15.13	10:05.70	489	20/01/18	Cambridgeshire ASA County Championships	Corby	ER180497	1
50 Breaststroke	40.99	40.20	360	13/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
50 Butterfly	30.20	29.60	529	11/02/22	Middle East Open and Junior Championships	Dubai	GBR1617	1
100 Butterfly	1:12.41	1:11.40	449	06/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
50 Backstroke	30.92	30.30	655	01/05/22	SE East Region Long Course Championships 2022	Norwich	ER220677	1
100 Backstroke	1:06.51	1:05.30	640	08/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
200 Backstroke	2:21.77	2:19.40	655	15/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1
200 Individual Medley	2:33.03	2:30.40	559	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	EM190118	1
400 Individual Medley	5:29.34	5:24.00	526	06/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.22	28.90	536	26/01/20	Cambridgeshire County Championships	Cambridge	ER200272	2
100 Freestyle	1:00.73	1:02.10	566	30/03/19	Cambridge Spring Open	Cambridge	ER190464	3
200 Freestyle	2:14.14	2:16.70	556	11/11/18	CITY OF CAMBRIDGE CLUB CHAMPIONSHIPS 2018	Cambridge	ER182519	4
400 Freestyle	4:41.73	4:46.70	553	25/03/18	City of Cambridge Spring Open	Cambridge	ER180509	3
800 Freestyle	9:52.31	10:02.00	523	15/12/17	COPS Winter Meet	Peterborough	ER172215	3
50 Breaststroke	39.81	40.60	361	15/10/17	20th Diss Otters Open Sprint Meet	UEA Sportspark	ER171007	3
100 Breaststroke	1:26.22	1:27.70	378	15/10/17	20th Diss Otters Open Sprint Meet	UEA Sportspark	ER171007	3
200 Breaststroke	2:59.01	3:01.90	424	11/06/17	Cambridgeshire ASA County Development Champs	Peterborough	ER171201	3
50 Butterfly	29.95	30.60	539	21/11/21	City of Cambridge SC Club Championships 2021	Cambridge	ER211203	4
100 Butterfly	1:11.45	1:12.50	432	17/11/18	CITY OF CAMBRIDGE CLUB CHAMPIONSHIPS 2018	Cambridge	ER182520	4
200 Butterfly	2:43.06	2:45.00	394	06/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	ER170752	3
50 Backstroke	29.54	30.20	624	11/12/21	City of Cambridge SC National Arena League East	Cambridge	ER211553	3
100 Backstroke	1:03.64	1:04.90	641	05/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
200 Backstroke	2:17.67	2:20.10	644	25/01/20	Cambridgeshire County Championships	Cambridge	ER200272	2
200 Individual Medley	2:26.33	2:29.00	577	26/01/20	Cambridgeshire County Championships	Cambridge	ER200272	2
400 Individual Medley	5:22.35	5:27.80	518	13/01/18	Cambridgeshire ASA County Championships	Whittlesey	ER180496	2
100 Individual Medley	1:09.42	1:09.40	539	06/11/21	SE East Region Short Course Championships	Luton	ER211117	2