

Individual Best Times (All Time)

Lucy Block - (1151437) - University of Surrey Swimming Cl

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.34	28.60	521	16/04/22	Portsmouth Northsea SC Easter Meet 2022	Mountbatten Cen	SE220162	1
100 Freestyle	1:03.29	1:02.00	545	13/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe	SE220336	1
200 Freestyle	2:13.42	2:10.80	605	16/04/22	Portsmouth Northsea SC Easter Meet 2022	Mountbatten Cen	SE220162	1
400 Freestyle	4:43.75	4:38.80	570	01/08/21	Guildford City SC L3 Summer Open Meet	Surrey Sports Park	SE210200	3
800 Freestyle	9:35.30	9:25.20	598	14/04/22	Portsmouth Northsea SC Easter Meet 2022	Mountbatten Cen	SE220162	1
1500 Freestyle	18:53.46	18:35.10	535	26/01/20	BSBASA County Championships	Wycombe	SE200054	1
50 Breaststroke	41.09	40.30	357	17/09/22	Wycombe District SC Club Championships 2022	Wycombe	SE221784	4
100 Breaststroke	1:28.58	1:27.10	379	25/09/21	Wycombe District SC Club Championships 2021	Wycombe	SE210538	4
200 Breaststroke	3:00.40	2:57.40	443	29/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220085	1
50 Butterfly	31.62	31.00	461	31/07/21	Guildford City SC L3 Summer Open Meet	Surrey Sports Park	SE210200	3
100 Butterfly	1:15.33	1:14.30	399	25/09/21	Wycombe District SC Club Championships 2021	Wycombe	SE210538	4
50 Backstroke	30.57	29.90	678	04/05/24	SE South East Region LC Championships 2024	High Wycombe	SE240686	1
100 Backstroke	1:05.39	1:04.20	673	21/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
200 Backstroke	2:20.45	2:18.10	673	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
200 Individual Medley	2:28.95	2:26.30	607	12/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe	SE220336	1
400 Individual Medley	5:17.13	5:11.50	589	16/04/22	Portsmouth Northsea SC Easter Meet 2022	Mountbatten Cen	SE220162	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.70	29.40	509	16/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
100 Freestyle	1:02.59	1:03.90	517	10/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
200 Freestyle	2:08.73	2:11.40	629	07/11/21	SE South East Open/Junior Swimming Championships	Winchester	SE211170	2
400 Freestyle	4:36.01	4:41.00	588	17/10/21	Team Bath AS TYR Super Series	Millfield	SW210423	2
800 Freestyle	9:40.08	9:50.00	557	12/01/19	Oxfordshire & North Bucks County Championships	Leys Pools & LC	SE190114	2
1500 Freestyle	18:46.78	19:04.90	523	11/11/18	Witney & District Championships	Witney	SE182335	4
50 Breaststroke	39.45	40.20	371	02/12/18	Thame Club Championships 2018	Thame	SE181648	4
100 Breaststroke	1:23.23	1:24.70	420	26/06/22	Maidenhead Marlins End of Season Level 3 Meet	Maidenhead	SE221021	3
200 Breaststroke	3:01.49	3:04.40	407	24/11/19	Thame Club Championships 2019	Thame	SE192912	4
50 Butterfly	32.46	33.00	423	09/02/19	Oxfordshire & North Bucks County Championships	Aylesbury	SE190116	2
100 Butterfly	1:22.68	1:23.60	279	26/11/17	Watford November 2017 County Qualifier	Garston	ER171250	3
200 Butterfly	3:00.35	3:02.10	291	06/10/18	Harpenden Legacy Meet	Westminster Lodge	ER181485	3
50 Backstroke	29.89	30.60	602	05/11/23	SE South East Regional Winter Championships 2023	Winchester	SE232053	2
100 Backstroke	1:02.43	1:03.70	679	17/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Backstroke	2:14.59	2:17.00	690	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Individual Medley	2:25.15	2:27.80	591	05/11/22	SE South East Regional Winter SC Champs 2022	Winchester	SE222021	2
400 Individual Medley	5:15.37	5:20.90	553	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield	SW221660	2
100 Individual Medley	1:08.46	1:08.50	562	06/11/22	SE South East Regional Winter SC Champs 2022	Winchester	SE222021	2