

Individual Best Times (All Time)

Sarah Arnold - (1157571) - Havant & Waterloooville SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.48	40.00	195	24/10/15	Havant & Waterloooville Club Championships	Waterlooville	SE151951	4
100 Freestyle	1:26.85	1:27.80	193	17/10/15	Havant & Waterloooville Club Championships	Waterlooville	SE151950	4
200 Freestyle	3:20.89	3:22.60	165	10/01/15	Havant & Waterloooville Club Championships	Waterlooville	SE150359	4
50 Breaststroke	48.36	49.00	201	17/01/15	Havant & Waterloooville Club Championships	Waterlooville	SE150360	4
100 Breaststroke	1:45.36	1:46.60	207	24/10/15	Havant & Waterloooville Club Championships	Waterlooville	SE151951	4
200 Breaststroke	3:46.78	3:49.10	208	10/01/15	Havant & Waterloooville Club Championships	Waterlooville	SE150359	4
50 Butterfly	46.70	47.10	142	10/01/15	Havant & Waterloooville Club Championships	Waterlooville	SE150359	4
50 Backstroke	46.24	46.70	162	17/10/15	Havant & Waterloooville Club Championships	Waterlooville	SE151950	4
100 Individual Medley	1:36.05	1:36.10	203	17/01/15	Havant & Waterloooville Club Championships	Waterlooville	SE150360	4