

# Individual Best Times (All Time)

Nicholas Bond - (1165626) - Redhill & Reigate SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.04	35.50	195	18/06/17	Crawley Summer Splash Spectacular LC Meet	Crawley	SE170383	3
50 Breaststroke	45.92	45.20	180	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Breaststroke	1:44.03	1:42.80	163	18/06/17	Crawley Summer Splash Spectacular LC Meet	Crawley	SE170383	3
50 Backstroke	48.83	48.40	112	10/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
100 Backstroke	1:30.88	1:30.00	183	18/06/17	Crawley Summer Splash Spectacular LC Meet	Crawley	SE170383	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.12	32.80	247	24/06/18	CBSA Annual Championships & Age Group 2018	Sth Croydon	LR180982	4
100 Freestyle	1:12.66	1:13.80	235	29/04/18	CBSA Annual Championships & Age Group 2018	Sth Croydon	LR180981	4
200 Freestyle	2:35.25	2:37.50	262	15/06/18	Redhill and Reigate Swimming Club Championships	Donyings LC	SE180878	4
400 Freestyle	5:29.75	5:34.00	266	12/06/18	Redhill and Reigate Swimming Club Championships	Donyings LC	SE180877	4
50 Breaststroke	42.49	43.20	202	08/09/18	Ken Deeley Open	Brighton	SE180917	3
100 Breaststroke	1:35.30	1:36.60	195	14/04/18	Surrey Age Group Summer Meet 2018	Guildford Spectrum	LR180780	3
200 Breaststroke	3:22.59	3:25.20	208	02/12/17	Guildford City L3 County Qualifier	Guildford	SE171848	3
50 Butterfly	39.49	40.00	167	03/03/18	Dorking Moyce Sprints	Dorking	SE180604	4
50 Backstroke	36.60	37.10	220	08/09/18	Ken Deeley Open	Brighton	SE180917	3
100 Backstroke	1:19.23	1:20.20	226	07/04/18	Surrey Age Group Summer Meet 2018	Guildford Spectrum	LR180779	3
200 Backstroke	3:06.85	3:08.60	180	19/05/17	Redhill & Reigate Club Championships	Redhill	SE170764	4
100 Individual Medley	1:21.63	1:21.60	220	19/05/18	Redhill and Reigate Swimming Club Championships	Redhill	SE180874	4