

Individual Best Times (All Time)

Yusuf Ahmad - (1171022) - Orion SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.23	31.60	273	11/02/18	Warwickshire ASA Swimming Championships 2018	Coventry	WM180009	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.82	30.50	308	26/10/19	Orion Club Championships 2019	Uni of Birmingham	WM192446	4
100 Freestyle	1:05.42	1:06.70	322	26/10/19	Orion Club Championships 2019	Uni of Birmingham	WM192446	4
50 Breaststroke	43.96	44.70	182	19/11/16	The Boldmere Open Meet	Boldmere	WM161930	3
50 Butterfly	34.87	35.40	242	26/10/19	Orion Club Championships 2019	Uni of Birmingham	WM192446	4
50 Backstroke	35.50	36.10	241	26/10/19	Orion Club Championships 2019	Uni of Birmingham	WM192446	4
100 Backstroke	1:20.23	1:21.20	218	13/07/19	Wolverhampton SC Summer Open Meet	Wolverhampton	WM191432	3
200 Backstroke	3:01.72	3:03.50	196	02/07/16	Boldmere Water Carnival	Stechford	WM161270	3
100 Individual Medley	1:24.62	1:24.60	197	12/06/16	Stourbridge B Grade Junior Sprint Meet	Wolverhampton	WM160225	3