

Individual Best Times (All Time)

Hayley Cooper - (1175006) - Runnymede SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.59	34.00	318	01/04/18	BPSC Easter Meet 2018	Basildon	ER180211	1
100 Freestyle	1:15.39	1:14.30	322	31/03/18	BPSC Easter Meet 2018	Basildon	ER180211	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.76	33.40	342	08/09/19	Runnymede Club Championship	Runnymede	ER192340	4
100 Freestyle	1:13.31	1:14.40	322	15/06/18	Runnymede Club Championship 2018	Runnymede	ER181388	4
200 Freestyle	2:38.79	2:41.00	335	15/06/18	Runnymede Club Championship 2018	Runnymede	ER181390	4
400 Freestyle	5:28.34	5:32.60	349	08/07/18	Runnymede Club Championship 2018	Runnymede	ER181391	4
50 Breaststroke	45.79	46.50	237	06/09/19	Runnymede Club Championship	Runnymede	ER192340	4
100 Breaststroke	1:37.14	1:38.40	264	08/09/19	Runnymede Club Championship	Runnymede	ER192340	4
200 Breaststroke	3:46.20	3:48.50	210	02/06/17	Runnymede Club Championships	Runnymede	ER171482	4
50 Butterfly	51.06	51.40	108	30/06/17	Runnymede Club Championships	Runnymede	ER171483	4
50 Backstroke	40.33	40.80	245	01/09/18	Halstead Season Sprint Starter	Braintree	ER181473	3
100 Backstroke	1:32.10	1:33.00	211	12/03/17	BPSC Spring Time Trial Event 2017	Basildon	ER170019	3
200 Backstroke	4:02.72	4:04.10	117	03/07/15	Runnymede Club Championships	Benfleet	ER150719	4
200 Individual Medley	4:13.57	4:15.10	110	06/12/15	Runnymede Jingle Bells 2015	Thundersley	ER152231	4
100 Individual Medley	1:27.44	1:27.40	269	06/09/19	Runnymede Club Championship	Runnymede	ER192340	4