

Individual Best Times (All Time)

Adam Albera - (1195962) - Warrington Warriors SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	2:21.88	2:19.40	371	07/04/18	City of Liverpool Spring Open Meet	Liverpool	NW180280	1
400 Freestyle	5:05.12	5:00.50	375	07/04/18	City of Liverpool Spring Open Meet	Liverpool	NW180280	1
100 Backstroke	1:13.48	1:12.40	346	07/04/18	City of Liverpool Spring Open Meet	Liverpool	NW180280	1
200 Backstroke	2:36.47	2:34.30	365	07/04/18	City of Liverpool Spring Open Meet	Liverpool	NW180280	1
200 Individual Medley	2:37.24	2:34.70	381	07/04/18	City of Liverpool Spring Open Meet	Liverpool	NW180280	1
400 Individual Medley	5:40.74	5:35.50	360	07/04/18	City of Liverpool Spring Open Meet	Liverpool	NW180280	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.58	29.30	350	02/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
100 Freestyle	1:01.58	1:02.90	386	17/06/18	Retford 25th Annual Open Meet	Sheffield	EM180867	3
200 Freestyle	2:13.20	2:15.80	415	02/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
400 Freestyle	4:49.05	4:53.90	395	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
1500 Freestyle	19:04.57	19:22.50	405	27/01/18	Cheshire County Championships 2018	Macclesfield	NW180237	2
50 Breaststroke	37.91	38.70	285	02/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
100 Breaststroke	1:21.14	1:22.70	316	01/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
200 Breaststroke	2:52.43	2:55.50	338	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
50 Butterfly	31.56	32.20	327	01/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
100 Butterfly	1:10.30	1:11.40	313	02/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
200 Butterfly	2:55.43	2:57.20	225	06/05/17	Warriors of Warrington Badge Gala 3	Warrington	NW170618	4
50 Backstroke	31.70	32.30	339	01/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
100 Backstroke	1:06.82	1:08.00	378	09/12/18	North West Arena Premier Division A Final	Palatine LC	NW182755	3
200 Backstroke	2:26.27	2:28.50	376	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
200 Individual Medley	2:29.82	2:32.40	391	01/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
400 Individual Medley	5:17.54	5:23.00	404	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
100 Individual Medley	1:11.66	1:11.70	325	17/06/18	Retford 25th Annual Open Meet	Sheffield	EM180867	3