

Individual Best Times (All Time)

Thomas Bruce - (1220633) - South Lincs Competitive SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.23	24.40	569	16/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
100 Freestyle	55.59	54.10	598	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
200 Freestyle	2:03.76	2:00.90	559	20/05/23	Cardiff International Open Meet 2023	Cardiff	WL230294	1
400 Freestyle	4:47.20	4:42.30	449	20/12/19	Northampton Swimming Club Winter Festival	Corby	EM191953	1
800 Freestyle	10:08.73	9:59.20	409	28/04/19	SE East Midlands Region Champs 2019 Gala 1	Corby	EM191623	1
1500 Freestyle	19:10.22	18:52.10	434	06/05/19	SE East Midlands Region Champs 2019 Gala 2	Sheffield	EM191624	1
50 Breaststroke	50.49	49.90	135	02/12/17	City of Coventry Winter Open Meet 2017	Coventry	WM170723	3
50 Butterfly	27.66	27.00	521	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
100 Butterfly	1:02.27	1:01.00	500	20/05/23	Cardiff International Open Meet 2023	Cardiff	WL230294	1
200 Butterfly	2:42.84	2:40.90	311	22/12/19	Northampton Swimming Club Winter Festival	Corby	EM191953	1
50 Backstroke	29.74	29.10	496	16/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
100 Backstroke	1:05.33	1:04.10	492	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
200 Backstroke	2:23.37	2:21.00	475	12/03/23	Wycombe LC Premier Meet 2023	High Wycombe	SE230318	1
200 Individual Medley	2:28.54	2:25.90	452	13/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	ER220161	1
400 Individual Medley	5:32.56	5:27.20	387	22/12/19	Northampton Swimming Club Winter Festival	Corby	EM191953	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.01	25.80	523	16/09/23	Derby Excel September Season Opener Meet 2023	Derby	EM231439	2
100 Freestyle	54.26	55.80	564	20/11/22	Nova Centurion November Meet	Nottingham	EM220652	2
200 Freestyle	1:57.89	2:00.80	598	29/01/23	Lincolnshire County Championships 2023	Grantham	EM230059	2
400 Freestyle	4:20.93	4:26.20	538	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	WM230773	2
800 Freestyle	9:10.05	9:20.40	523	08/10/22	South Lincs SC Club Champs 2022	Spalding	EM222206	3
1500 Freestyle	18:13.78	18:32.50	464	26/01/20	Lincolnshire County Championships 2020	Grantham	EM200131	2
50 Breaststroke	36.10	37.00	330	25/06/22	South Lincs Club Champs 2022	Spalding	EM221296	3
100 Breaststroke	1:21.50	1:23.00	312	08/02/20	Lincolnshire County Championships 2020	Louth	EM200133	2
200 Breaststroke	2:57.94	3:00.90	307	02/02/20	Lincolnshire County Championships 2020	Grantham	EM200132	2
50 Butterfly	27.59	28.30	489	19/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
100 Butterfly	1:00.15	1:01.40	501	29/01/23	Lincolnshire County Championships 2023	Grantham	EM230059	2
200 Butterfly	2:20.16	2:22.40	443	15/10/22	Cambridge Grand Prix	Cambridge	ER221406	2
50 Backstroke	28.95	29.60	445	17/09/23	Derby Excel September Season Opener Meet 2023	Derby	EM231439	2
100 Backstroke	1:02.53	1:03.80	461	20/11/22	Nova Centurion November Meet	Nottingham	EM220652	2
200 Backstroke	2:16.06	2:18.50	467	02/07/23	South Lincs Club Champs 2023	Spalding	EM231531	3
200 Individual Medley	2:16.28	2:19.10	520	03/02/24	Lincolnshire County Championships 2024	Louth	EM240006	2
400 Individual Medley	4:56.99	5:02.80	494	01/07/23	South Lincs Club Champs 2023	Spalding	EM231531	3
100 Individual Medley	1:06.11	1:06.10	414	06/02/22	Lincolnshire ASA County Championships	Louth	EM220154	2