

Individual Best Times (All Time)

Jessie Avery - (1222305) - Spalding SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	50.24	50.70	95	19/10/14	South Lincs CSC Club Championships 2014	Spalding	EM14421	4
400 Freestyle	9:18.58	9:21.10	71	19/10/14	South Lincs CSC Club Championships 2014	Spalding	EM14421	4
50 Breaststroke	1:09.13	1:09.60	69	20/10/14	South Lincs CSC Club Championships 2014	Spalding	EM14421	4
200 Backstroke	4:10.53	4:11.90	107	19/10/14	South Lincs CSC Club Championships 2014	Spalding	EM14421	4