

Individual Best Times (All Time)

Matteo Antonelli - (1267040) - West London Penguin Swimming & W

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.11	25.30	513	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
100 Freestyle	58.93	57.50	502	21/01/23	Surrey County Age Group Championships 2023	Guildford	SE230014	1
200 Freestyle	2:08.84	2:06.10	496	22/01/23	Surrey County Age Group Championships 2023	Guildford	SE230014	1
400 Freestyle	4:33.26	4:28.10	522	22/01/23	Surrey County Age Group Championships 2023	Guildford	SE230014	1
800 Freestyle	9:26.65	9:16.40	507	05/02/23	Surrey County Age Group Championships 2023	Guildford	SE230015	1
50 Breaststroke	41.92	41.20	237	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Breaststroke	1:33.26	1:31.90	226	26/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
200 Breaststroke	3:16.33	3:13.60	261	25/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
50 Butterfly	37.67	37.20	206	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
50 Backstroke	32.11	31.50	394	20/03/22	SE London Summer Championships 2022	Stratford	LR220485	1
100 Backstroke	1:07.42	1:06.20	448	04/02/23	Surrey County Age Group Championships 2023	Guildford	SE230015	1
200 Backstroke	2:27.89	2:25.60	433	19/03/22	SE London Summer Championships 2022	Stratford	LR220485	1
200 Individual Medley	2:35.75	2:33.20	392	27/02/22	Surrey County Age Group Championships 2022	Guildford	LR220178	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.39	26.20	500	16/12/23	Whitgift & White Oak Invitation Open 2023	South Croydon	LR232513	4
100 Freestyle	56.76	58.20	493	09/12/23	National Arena Swimming League South R3 2023	Dover	SE232579	3
200 Freestyle	2:06.49	2:09.20	484	14/01/23	Kingston Royals SC New Year County Qualifier Meet	Walton-on-Thames	LR230011	3
400 Freestyle	4:18.82	4:24.20	551	16/12/23	Whitgift & White Oak Invitation Open 2023	South Croydon	LR232513	4
800 Freestyle	9:45.22	9:55.00	434	15/01/23	Whitgift & White Oak SC Club Championships 2023	Croydon	LR230171	4
50 Breaststroke	40.72	41.50	230	14/12/19	NASL South Round 3	Bournemouth	SE193319	3
100 Breaststroke	1:30.61	1:32.00	227	16/11/19	The Royals Autumn Open Meet 2019	Elmbridge Xcel	LR192487	3
200 Breaststroke	3:13.72	3:16.40	238	28/09/19	Maidenhead Marlins County Qualifier	Magnet LC	SE192327	3
50 Butterfly	36.75	37.30	207	16/11/19	The Royals Autumn Open Meet 2019	Elmbridge Xcel	LR192487	3
100 Butterfly	1:31.20	1:32.00	143	17/11/19	The Royals Autumn Open Meet 2019	Elmbridge Xcel	LR192487	3
50 Backstroke	30.44	31.10	383	13/11/22	Crawley SC Winter National Chaser L2 Meet 2022	Crawley	SE222147	2
100 Backstroke	1:04.84	1:06.10	414	11/11/23	National Arena Swimming League South R2 2023	Royal Tunbridge Well	SE232479	3
200 Backstroke	2:19.88	2:22.20	430	13/11/22	Crawley SC Winter National Chaser L2 Meet 2022	Crawley	SE222147	2
200 Individual Medley	2:28.59	2:31.20	401	30/04/22	The White Horse League 2022	Crook Log	LR220607	3
400 Individual Medley	5:59.04	6:03.90	279	04/01/20	The Royals New Year Meet 2020	Xcel LC	LR200112	3
100 Individual Medley	1:11.77	1:11.80	323	15/01/22	The Royals New Year Meet 2022	Walton-On-Thames	LR220104	3