

Individual Best Times (All Time)

Beth Armitt - (1275387) - City Of Glasgow Swim Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.28	31.60	391	19/02/23	2023 SS West District LC Champs WE2	Glasgow	SCO1982	1
100 Freestyle	1:12.10	1:10.90	368	19/02/23	2023 SS West District LC Champs WE2	Glasgow	SCO1982	1
200 Freestyle	2:46.58	2:44.50	310	22/04/23	East Kilbride LC Age Group Meet 2023	East Kilbride	SCO2018	1
1500 Freestyle	23:37.67	23:23.00	273	14/05/23	2023 SS West District LC May AG Meet	Glasgow	SCO2027	1
50 Butterfly	38.53	38.00	254	22/04/23	East Kilbride LC Age Group Meet 2023	East Kilbride	SCO2018	1
100 Butterfly	1:28.23	1:27.40	248	23/04/23	East Kilbride LC Age Group Meet 2023	East Kilbride	SCO2018	1
200 Butterfly	3:40.01	3:38.60	169	14/05/23	2023 SS West District LC May AG Meet	Glasgow	SCO2027	1
50 Backstroke	37.93	37.40	355	04/02/23	2023 WD Long Course Championships - WE1	Glasgow	SCO1976	1
100 Backstroke	1:25.06	1:24.10	306	22/04/23	East Kilbride LC Age Group Meet 2023	East Kilbride	SCO2018	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.53	33.20	350	13/11/22	SS West District SC Nov Champs 2022	Glasgow	SCO1939	2
100 Freestyle	1:08.50	1:09.70	394	09/09/23	SS West District SC Sep AG Meet 2023	Glasgow	SCO2062	2
200 Freestyle	2:37.33	2:39.50	344	12/03/23	REN 96 Pre-SNAGs Meet	Linwood	SCO2017	2
400 Freestyle	5:33.04	5:37.20	334	16/03/24	Cumbernauld Spring Open Meet 2024	Cumbernauld	SCO2174	2
50 Breaststroke	47.65	48.30	211	20/02/22	2022 SS West District SC Champs	Glasgow, Scotland	SCO1852	2
100 Breaststroke	1:48.15	1:49.30	191	07/05/22	West District May AG Meet	Tollcross	SCO1887	2
200 Breaststroke	3:51.22	3:53.50	197	05/02/22	2022 SS West District SC Champs	Tollcross,Glasgow	SCO1848	2
50 Butterfly	38.25	38.70	258	15/01/23	2023 WD January Pentaqua	Tollcross	SCO1974	2
100 Butterfly	1:26.50	1:27.40	243	12/03/23	REN 96 Pre-SNAGs Meet	Linwood	SCO2017	2
200 Butterfly	3:24.63	3:26.20	199	11/03/23	REN 96 Pre-SNAGs Meet	Linwood	SCO2017	2
50 Backstroke	37.28	37.80	310	21/10/23	2023 SS West District SC Champs WE1	Glasgow	SCO2080	2
100 Backstroke	1:22.01	1:23.00	299	09/09/23	SS West District SC Sep AG Meet 2023	Glasgow	SCO2062	2
200 Backstroke	2:50.11	2:52.10	341	25/02/24	North Ayrshire 200 Meet	Irvine	SCO2166	2
200 Individual Medley	2:57.78	3:00.00	322	24/02/24	North Ayrshire 200 Meet	Irvine	SCO2166	2
400 Individual Medley	6:16.97	6:21.60	324	16/03/24	Cumbernauld Spring Open Meet 2024	Cumbernauld	SCO2174	2