

# Individual Best Times (All Time)

Joseph Ajayi - (1276509) - Sevenoaks SC

Long Course

| Stroke          | LC Time | Converted to SC | LC WA Pts | Date     | Meet                                       | Venue              | Licence  | Level |
|-----------------|---------|-----------------|-----------|----------|--------------------------------------------|--------------------|----------|-------|
| 50 Freestyle    | 25.59   | 24.80           | 545       | 10/03/24 | Kent County Championships 2024             | Stratford          | LR240211 | 1     |
| 100 Freestyle   | 56.21   | 54.70           | 579       | 09/03/24 | Kent County Championships 2024             | Stratford          | LR240211 | 1     |
| 200 Freestyle   | 2:01.99 | 1:59.10         | 584       | 04/05/24 | SE South East Region LC Championships 2024 | High Wycombe       | SE240686 | 1     |
| 400 Freestyle   | 4:27.89 | 4:22.60         | 554       | 06/05/24 | SE South East Region LC Championships 2024 | High Wycombe       | SE240686 | 1     |
| 50 Breaststroke | 44.70   | 44.00           | 195       | 28/09/19 | Lis Hartley Long Course Open Meet          | K2 LC              | SE190314 | 3     |
| 50 Butterfly    | 27.46   | 26.80           | 533       | 09/03/24 | Kent County Championships 2024             | Stratford          | LR240211 | 1     |
| 100 Butterfly   | 1:05.78 | 1:04.60         | 424       | 07/08/23 | Swim Wales Summer Open 2023                | Swansea            | WL230316 | 1     |
| 50 Backstroke   | 30.53   | 29.90           | 458       | 25/03/23 | Guildford City L1 Spring Open Meet 2023    | Surrey Sports Parl | SE230074 | 1     |
| 100 Backstroke  | 1:14.68 | 1:13.60         | 329       | 04/07/21 | Take The Plunge L3 Open Meet 2021          | Crawley            | SE210256 | 3     |

Short Course

| Stroke                | SC Time  | Converted to LC | SC WA Pts | Date     | Meet                                             | Venue          | License  | Level |
|-----------------------|----------|-----------------|-----------|----------|--------------------------------------------------|----------------|----------|-------|
| 50 Freestyle          | 25.56    | 26.40           | 490       | 16/12/23 | Bromley SC Christmas Gold Meet 2023              | Crawley        | LR232497 | 3     |
| 100 Freestyle         | 55.04    | 56.50           | 540       | 07/10/23 | Winchester City Penguins Winter Autumn Qualifier | Winchester     | SE231502 | 2     |
| 200 Freestyle         | 1:58.53  | 2:01.40         | 589       | 04/11/23 | SE South East Regional Winter Championships 2023 | Winchester     | SE232053 | 2     |
| 400 Freestyle         | 4:16.33  | 4:21.70         | 567       | 05/11/23 | SE South East Regional Winter Championships 2023 | Winchester     | SE232053 | 2     |
| 800 Freestyle         | 9:10.22  | 9:20.60         | 523       | 09/10/23 | Sevenoaks SC Club Champs 2023                    | Sevenoaks      | SE231694 | 4     |
| 1500 Freestyle        | 17:29.13 | 17:48.60        | 525       | 18/10/23 | Sevenoaks SC Club Champs 2023                    | Sevenoaks      | SE231693 | 4     |
| 50 Breaststroke       | 42.00    | 42.70           | 209       | 29/05/21 | Beacon                                           | Crowborough LC | LEX1370  | 0     |
| 100 Breaststroke      | 1:38.05  | 1:39.30         | 179       | 07/07/19 | Beacon Club Championships 2019                   | Crowborough    | SE191902 | 4     |
| 200 Breaststroke      | 3:36.99  | 3:39.40         | 169       | 29/06/19 | Beacon Club Championships 2019                   | Crowborough    | SE191900 | 4     |
| 50 Butterfly          | 27.20    | 27.90           | 511       | 08/10/23 | Winchester City Penguins Winter Autumn Qualifier | Winchester     | SE231502 | 2     |
| 100 Butterfly         | 1:04.32  | 1:05.50         | 409       | 10/06/23 | Crawley Summer Splash L3 Gala 2023               | Crawley        | SE231137 | 3     |
| 200 Butterfly         | 2:47.45  | 2:49.30         | 259       | 05/06/21 | Beacon                                           | Crowborough LC | LEX1548  | 0     |
| 50 Backstroke         | 29.12    | 29.80           | 437       | 04/11/23 | SE South East Regional Winter Championships 2023 | Winchester     | SE232053 | 2     |
| 100 Backstroke        | 1:05.16  | 1:06.40         | 408       | 16/12/23 | Bromley SC Christmas Gold Meet 2023              | Crawley        | LR232497 | 3     |
| 200 Backstroke        | 2:56.84  | 2:58.70         | 213       | 06/07/19 | Beacon Club Championships 2019                   | Crowborough    | SE191902 | 4     |
| 200 Individual Medley | 3:20.41  | 3:22.40         | 163       | 05/07/18 | Beacon Club Championships 2018                   | Crowborough    | SE181262 | 4     |
| 400 Individual Medley | 7:11.20  | 7:15.30         | 161       | 02/07/18 | Beacon Club Championships 2018                   | Crowborough    | SE181261 | 4     |
| 100 Individual Medley | 1:07.02  | 1:07.00         | 397       | 30/09/23 | Sevenoaks SC Club Champs 2023                    | Sevenoaks      | SE231692 | 4     |