

Individual Best Times (All Time)

Ben Acheson - (1279912) - Neptune (Leicester) SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.03	29.70	334	27/03/22	City of Leicester Age Group Meet 2022	Braunstone	EM220167	3
100 Freestyle	1:05.74	1:07.00	317	26/03/22	City of Leicester Age Group Meet 2022	Braunstone	EM220167	3
200 Freestyle	2:33.63	2:35.90	270	06/10/19	Leicester Penguins Open Meet 2019	Braunstone	EM191954	3
400 Freestyle	5:25.60	5:29.90	277	05/10/19	Leicester Penguins Open Meet 2019	Braunstone	EM191954	3
800 Freestyle	10:59.41	11:08.10	304	08/02/20	2020 LASA County Age Group & Championships	Braunstone	EM200331	2
1500 Freestyle	21:56.75	22:12.40	266	11/10/19	Leicester Neptune Club Champs 2019	Parklands LC	EM193007	4
50 Breaststroke	40.15	40.90	239	08/07/22	Leicester Neptune SC Club Championships	Parklands LC	EM221025	4
100 Breaststroke	1:59.01	2:00.10	100	28/10/17	Leicester Neptune Club Championships 2017	Loughborough	EM171453	4
200 Breaststroke	4:55.46	4:57.30	67	15/11/15	Leicester Penguins Club Championships	Nuneaton	EM151861	4
50 Butterfly	36.70	37.20	208	08/07/22	Leicester Neptune SC Club Championships	Parklands LC	EM221025	4
50 Backstroke	36.45	37.00	223	13/12/19	Leicester Neptunes Last Chance Sprint Gala	Leicester	EM193270	4
100 Backstroke	1:16.24	1:17.30	254	27/03/22	City of Leicester Age Group Meet 2022	Braunstone	EM220167	3
200 Backstroke	2:46.95	2:48.90	253	03/11/19	Braunstone Autumn Open Meet 2019	Braunstone	EM192470	3
200 Individual Medley	3:04.59	3:06.70	209	15/09/19	Leicester Neptune Club Champs 2019	Braunstone	EM193004	4
100 Individual Medley	1:20.75	1:20.80	227	11/12/21	Leicester Neptune SC Club Championships	Braunstone	EM211456	4