

Individual Best Times (All Time)

Lennon Bell - (1280224) - Kendal SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.27	25.50	504	20/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Freestyle	1:05.39	1:04.10	368	24/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
200 Freestyle	2:48.84	2:46.80	220	06/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	NE192020	3
50 Breaststroke	38.53	37.70	305	25/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
100 Breaststroke	1:29.22	1:27.80	259	25/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
200 Breaststroke	3:42.34	3:39.90	179	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
50 Backstroke	38.52	38.00	228	24/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
100 Backstroke	1:24.56	1:23.60	227	24/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
200 Backstroke	3:04.91	3:03.10	221	07/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	NE192020	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.54	26.30	491	25/11/23	Kendal ASC Club Championships Gala 5 2023	Kendal	NW232417	4
100 Freestyle	57.71	59.10	469	25/11/23	Kendal ASC Club Championships Gala 5 2023	Kendal	NW232417	4
200 Freestyle	2:17.04	2:19.60	381	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	NW220088	2
400 Freestyle	4:59.04	5:03.70	357	10/02/22	Kendal Club Championships LD Gala 1 400m Freestyle	Kendal	NW220500	4
800 Freestyle	10:50.16	10:59.00	317	08/02/20	2020 Cumbria County Championships and Age Groups	Workington	NW200216	2
1500 Freestyle	21:52.75	22:08.40	268	17/10/19	Kendal ASC Long Distance Gala 3	Kendal	NW192987	4
50 Breaststroke	34.57	35.50	375	30/09/23	Kendal ASC Club Championships Gala 3 2023	Kendal	NW230843	4
100 Breaststroke	1:19.56	1:21.10	335	24/03/24	Kendal ASC Club Championship Gala 1 2024	Kendal	NW240732	4
200 Breaststroke	3:04.55	3:07.40	276	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	NW220088	2
50 Butterfly	30.44	31.10	364	11/02/23	Kendal ASC Club Championships Gala 1 2023	Kendal	NW230667	4
100 Butterfly	1:43.14	1:43.90	99	28/09/19	Kendal Club Championships Gala 4	Kendal	NW192986	4
50 Backstroke	33.78	34.40	280	23/01/22	2022 Cumbria County Championships and Age Groups	Workington	NW220088	2
100 Backstroke	1:16.56	1:17.60	251	15/10/22	Kendal ASC Club Championships Gala 3 2022	Kendal	NW222344	4
200 Backstroke	2:46.03	2:48.00	257	22/05/22	Kendal ASC Long Distance Gala 2	Kendal	NW221075	4
200 Individual Medley	2:44.27	2:46.70	297	05/03/22	Ulverston ASC Spring Swim Fest 2022	Kendal	NW220364	3
100 Individual Medley	1:11.36	1:11.40	329	25/06/22	Kendal Mint Open Meet 2022	Kendal	NW221071	3