

# Individual Best Times (All Time)

Lydia Braxton - (1289696) - East Grinstead Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.22	31.60	393	11/02/18	Sussex County Championships & Age Group Comp	Crawley	SE180607	1
100 Freestyle	1:23.98	1:23.00	233	02/10/16	Lis Hartley LC Opportunity Meet 2016	Crawley	SE160448	3
50 Breaststroke	52.27	51.70	173	02/10/16	Lis Hartley LC Opportunity Meet 2016	Crawley	SE160448	3
100 Breaststroke	1:57.95	1:56.90	160	01/10/16	Lis Hartley LC Opportunity Meet 2016	Crawley	SE160448	3
50 Butterfly	36.12	35.60	309	23/02/19	SUSSEX COUNTY CHAMPIONSHIPS	Crawley	SE190456	1
100 Butterfly	1:25.82	1:24.90	270	25/02/18	Sussex County Championships & Age Group Comp	Crawley	SE180608	1
50 Backstroke	45.63	45.20	203	01/10/16	Lis Hartley LC Opportunity Meet 2016	Crawley	SE160448	3
200 Individual Medley	3:38.48	3:36.70	192	01/10/16	Lis Hartley LC Opportunity Meet 2016	Crawley	SE160448	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.88	31.50	409	28/04/19	East Grinstead Spring Sprint Meet	Crawley	SE190252	3
100 Freestyle	1:10.12	1:11.30	368	30/11/18	East Grinstead 2018 Winter Swimming Championships	East Grinstead	SE182611	4
200 Freestyle	2:42.00	2:44.10	315	23/06/19	East Grinstead 2019 Summer Club Championships	East Grinstead	SE191758	4
50 Breaststroke	45.72	46.40	238	17/11/18	East Grinstead 2018 Winter Swimming Championships	East Grinstead	SE182610	4
100 Breaststroke	1:43.72	1:44.90	217	12/11/17	East Grinstead Club Championships	East Grinstead	SE171692	4
200 Breaststroke	3:52.94	3:55.20	192	20/11/16	East Grinstead Club Championships	East Grinstead	SE162425	4
50 Butterfly	34.72	35.30	346	28/04/19	East Grinstead Spring Sprint Meet	Crawley	SE190252	3
100 Butterfly	1:21.94	1:22.90	287	05/07/19	East Grinstead 2019 Summer Club Championships	East Grinstead	SE191760	4
50 Backstroke	37.14	37.70	314	28/04/19	East Grinstead Spring Sprint Meet	Crawley	SE190252	3
100 Backstroke	1:21.54	1:22.50	305	28/04/19	East Grinstead Spring Sprint Meet	Crawley	SE190252	3
200 Backstroke	2:52.13	2:54.10	329	02/12/18	East Grinstead 2018 Winter Swimming Championships	East Grinstead	SE182612	4
200 Individual Medley	2:51.94	2:54.20	356	16/11/18	East Grinstead 2018 Winter Swimming Championships	East Grinstead	SE182631	4
100 Individual Medley	1:22.62	1:22.60	319	17/11/18	East Grinstead 2018 Winter Swimming Championships	East Grinstead	SE182610	4