Individual Best Times (All Time)

Kirsti Aspinall - (1301567) - Potters Bar SC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------|---------|-----------------|--------------|----------|------------------------------|----------------------|----------|-------|
| 50 Freestyle | 43.28 | 43.80 | 148 | 24/06/19 | PBSC Club Championships 2019 | Furzefield Centre | ER191964 | 4 |
| 50 Breaststroke | 1:04.96 | 1:05.40 | 83 | 21/06/19 | PBSC Club Championships 2019 | Furzefield Centre | ER191963 | 4 |

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