

Individual Best Times (All Time)

Nadine Avelino - (1306602) - City of Cambridge SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.09	37.50	238	01/07/17	Bishops Stortford End of Season LC Open Meet	Luton	ER170873	3
50 Breaststroke	41.02	40.20	359	19/04/19	Beckenham Easter International Open 2019	London	LR190200	1
100 Breaststroke	1:37.28	1:36.00	286	01/07/17	Bishops Stortford End of Season LC Open Meet	Luton	ER170873	3
200 Breaststroke	3:15.47	3:12.70	348	19/04/19	Beckenham Easter International Open 2019	London	LR190200	1
50 Backstroke	43.88	43.40	229	01/07/17	Bishops Stortford End of Season LC Open Meet	Luton	ER170873	3
200 Individual Medley	3:25.68	3:23.70	230	01/07/17	Bishops Stortford End of Season LC Open Meet	Luton	ER170873	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.73	33.40	343	30/03/19	Cambridge Spring Open	Cambridge	ER190464	3
100 Freestyle	1:11.28	1:12.40	350	30/03/19	Cambridge Spring Open	Cambridge	ER190464	3
50 Breaststroke	40.13	40.90	353	29/03/19	Cambridge Spring Open	Cambridge	ER190464	3
100 Breaststroke	1:27.72	1:29.10	359	19/01/19	Cambridgeshire ASA County Championships	Whittlesey	ER190303	2
200 Breaststroke	3:03.86	3:06.70	392	31/03/19	Cambridge Spring Open	Cambridge	ER190464	3
50 Butterfly	37.29	37.80	279	24/11/18	CITY OF CAMBRIDGE CLUB CHAMPIONSHIPS 2018	Cambridge	ER182521	4
50 Backstroke	37.93	38.50	295	24/11/18	CITY OF CAMBRIDGE CLUB CHAMPIONSHIPS 2018	Cambridge	ER182521	4
200 Individual Medley	2:51.36	2:53.60	359	13/07/19	CITY OF CAMBRIDGE JEANNE BARKER JULY OPEN	Cambridge	ER190458	3
100 Individual Medley	1:19.25	1:19.30	362	26/01/19	Cambridgeshire ASA County Championships	Cambridge	ER190304	2