

Individual Best Times (All Time)

Darcey Bradford - (1328060) - Dereham & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.83	31.20	408	29/01/23	Norfolk County Championships 2023	Norwich	ER230194	1
100 Freestyle	1:11.82	1:10.60	373	01/02/20	Norfolk County Championships 2019	Norwich	ER200474	1
200 Freestyle	2:35.14	2:32.90	384	10/07/22	City of Norwich SC Midsummer Madness 2022	Norwich	ER220343	3
400 Freestyle	5:32.72	5:28.50	354	26/02/22	Norfolk County Championships	UEA Sportspark	ER220116	1
50 Breaststroke	43.17	42.40	308	10/07/22	City of Norwich SC Midsummer Madness 2022	Norwich	ER220343	3
100 Breaststroke	1:32.61	1:31.20	332	28/01/23	Norfolk County Championships 2023	Norwich	ER230194	1
200 Breaststroke	3:24.62	3:22.00	303	09/07/23	Co Norwich SC Midsummer Madness Open Meet 2023	Norwich	ER230398	3
50 Butterfly	37.13	36.60	284	02/02/20	Norfolk County Championships 2019	Norwich	ER200474	1
100 Butterfly	1:51.65	1:51.00	122	07/07/18	City of Norwich Midsummer Madness 2018	Norwich	ER180457	3
50 Backstroke	37.82	37.30	358	26/01/20	Norfolk County Championships 2020	Norwich	ER200473	1
100 Backstroke	1:19.29	1:18.30	377	25/01/20	Norfolk County Championships 2020	Norwich	ER200473	1
200 Backstroke	2:57.11	2:55.20	336	01/02/20	Norfolk County Championships 2019	Norwich	ER200474	1
200 Individual Medley	3:02.22	3:00.00	331	09/07/22	City of Norwich SC Midsummer Madness 2022	Norwich	ER220343	3
400 Individual Medley	6:52.30	6:48.00	268	10/02/19	Norfolk County Championships 2019	Norwich	ER191264	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.19	31.90	397	20/03/22	Norwich Swan SC Open Meet 2022	Norwich	ER220342	3
100 Freestyle	1:09.76	1:11.00	373	07/12/19	Great Yarmouth Winter Wipeout 2019	Norwich	ER192703	3
200 Freestyle	2:26.96	2:29.30	422	11/07/22	Dereham and District ASC Roger Virgoe	Dereham	ER221160	4
400 Freestyle	5:24.40	5:28.70	362	04/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	ER221515	3
800 Freestyle	11:23.78	11:32.20	340	27/11/21	Dereham & District ASC Roger Virgoe	Dereham	ER211440	4
1500 Freestyle	22:39.30	22:54.40	298	14/07/19	DDASC Long Distance Meet	Dereham LC	ER191829	4
50 Breaststroke	41.63	42.40	316	11/09/22	Thetford Dolphins Swimming Club Nifty 50s	Thetford	ER221507	3
100 Breaststroke	1:30.31	1:31.70	329	10/12/22	National Arena League - East Mids - Round 3 2022	Wellingborough	EM222509	3
200 Breaststroke	3:10.49	3:13.20	352	15/07/22	Dereham and District ASC Roger Virgoe	Dereham	ER221160	4
50 Butterfly	35.12	35.70	334	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	ER231204	3
100 Butterfly	1:28.00	1:28.90	231	01/10/23	Dereham and District ASC Icen Open 2023	Dereham	ER230657	3
50 Backstroke	37.03	37.60	317	04/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	ER221515	3
100 Backstroke	1:19.33	1:20.30	331	19/03/22	Norwich Swan SC Open Meet 2022	Norwich	ER220342	3
200 Backstroke	2:49.93	2:51.90	342	14/07/22	Dereham and District ASC Roger Virgoe	Dereham	ER221160	4
200 Individual Medley	2:52.94	2:55.20	349	12/07/22	Dereham & District ASC Roger Virgoe Meet 2023	Dereham	ER231165	4
400 Individual Medley	6:45.06	6:49.40	261	17/11/19	DDASC Long Distance Meet	Dereham LC	ER191832	4
100 Individual Medley	1:18.81	1:18.80	368	20/11/22	Dereham & District ASC Annual Sprints 2022	Dereham	ER222221	4