

Individual Best Times (All Time)

Lucas Ankudavicius - (1332500) - Thurrock Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.49	27.70	395	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
100 Freestyle	1:04.56	1:03.30	382	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
200 Freestyle	2:20.45	2:18.00	383	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
400 Freestyle	4:49.12	4:44.20	441	30/04/23	Swim England East Region LC Championships 2023	Norwich	ER230334	1
50 Butterfly	32.95	32.40	308	07/05/22	NUEL SC National Qualifier Open Meet 2022	Stratford	LR220404	1
100 Butterfly	1:15.45	1:14.40	281	16/07/22	Team Luton Summer Long Course Meet 2022	Luton	ER220185	3
50 Backstroke	33.76	33.20	339	17/07/22	Team Luton Summer Long Course Meet 2022	Luton	ER220185	3
100 Backstroke	1:13.50	1:12.40	346	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
200 Individual Medley	2:45.16	2:42.80	328	16/07/22	Team Luton Summer Long Course Meet 2022	Luton	ER220185	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.87	28.60	378	05/02/23	Essex Age Group County Championships 2023	Basildon	ER230022	2
100 Freestyle	59.98	1:01.40	417	04/02/23	Essex Age Group County Championships 2023	Basildon	ER230022	2
200 Freestyle	2:11.17	2:13.80	434	04/02/23	Essex Age Group County Championships 2023	Basildon	ER230022	2
400 Freestyle	4:35.51	4:40.60	457	22/01/23	Romford Town SC Non-County Qualifiers Meet 2023	Romford	LR230149	3
800 Freestyle	9:36.88	9:46.80	454	24/02/23	SE Essex Age Group County Championships 2023	Saphire I&L	ER230219	2
50 Breaststroke	40.43	41.20	235	04/12/22	Colchester Last Chance County Qualifier	Braintree	ER221322	3
100 Breaststroke	1:26.68	1:28.10	259	01/10/22	Romford Town SC Autumn Seaon Opener Meet 2022	Essex	LR221332	3
50 Butterfly	31.22	31.80	338	16/10/22	Essex Winter Championships 2022	Basildon	ER221475	2
100 Butterfly	1:09.42	1:10.50	326	26/02/23	Essex Age Group County Championships 2023	Basildon	ER230023	2
50 Backstroke	32.39	33.00	318	04/12/22	Colchester Last Chance County Qualifier	Braintree	ER221322	3
100 Backstroke	1:11.08	1:12.20	314	01/10/22	Romford Town SC Autumn Seaon Opener Meet 2022	Essex	LR221332	3
200 Backstroke	2:32.00	2:34.20	335	21/01/23	Romford Town SC Non-County Qualifiers Meet 2023	Romford	LR230149	3
200 Individual Medley	2:33.05	2:35.60	367	15/10/22	Essex Winter Championships 2022	Basildon	ER221475	2
100 Individual Medley	1:11.53	1:11.50	326	21/01/23	Romford Town SC Non-County Qualifiers Meet 2023	Romford	LR230149	3